

# RIVERSIDE CURRENTS

Riverside Girls High School Parent & Community Newsletter September 2009

## Calendar Dates

### Term 3

#### September

Wednesday 30 \*Year 12 Farewell Assembly  
10.30 a.m.

#### October

Thursday 1 \*Year 12 Graduation, 7.30pm

Friday 2 \*Year 12 Revue 2 pm

**\*End of Term 3**

### Term 4 commences Monday 19 October

Monday 19 \*Year 10 Exams commence

Tuesday 20 **\*HSC Exams commence, Hall**  
\*Year 10 Exams

Wednesday 21 \*Year 10 Exams, Computing Studies  
& All My Own Work

#### November

Wednesday 4 \*Year 7 Inoculations, HPV  
& Hep B Dose 2, Gym

Friday 6 \*Senior School Uniform Sales Day

Monday 9 \*School Certificate Tests for  
Year 10

Tuesday 10 \*School Certificate Tests for  
Year 10

Wednesday 11 \*S C Tests, Computing Skills  
\*P & C Meeting, 7.30pm A.G.M.

Thursday 12 \*Year 10 Peer Support

Friday 13 \*Year 10 Peer Support

Saturday 14 \*Riverside Markets

Tuesday 17 \*School Band Soiree, 6-10pm, School  
Hall

Wednesday 18 \*Year 11 Presentation Assembly  
10.30 a.m.

Monday 23 \*Year 7 Swim School, Grading Day

Tuesday 24 \*Science Assessment Test for all  
Year 8

Friday 27 Schools Spectacular 2 pm rehearsal  
and 8 pm performance Entertainment  
Centre

Saturday 28 Schools Spectacular

## Principal's Report

### Enrolments for 2010

We have limited places available in Years 7 and 11 for 2010. If you know of anyone who is thinking of enrolling with us in Years 7 or 11 please let them know they should contact us early in term 4 this year but no later.

### Congratulations to Greer Brennan Yr 9

Greer Brennan is now one of 8 state finalists in the Under 15 Legacy Public Speaking Competition. Greer will compete for the NSW title at the Art Gallery on 22<sup>nd</sup> October. It will be very exciting if she wins the state title. The other finalists are from Kambala, Merewether High School, Cranebrook High School, SCEGGS Darlinghurst, Macquarie Fields High School, Colo High School and Nowra High School. Greer will be well supported by a Riverside cheersquad.



### Year 9 Laptops

The Year 9 laptops have been issued this week. We have waited a long time for the delivery and we are thrilled that they are here at long last. A parent information evening will be organised for term 4. Teachers have been very busy becoming acquainted with all the software on the laptops. Girls should not give anyone their passwords. We have been saying this for years but they just ignore our pleading. Perhaps parents could persuade them not to share their password. Year 9 in 2010 will also be issued with laptops so next year we'll have two whole years, 9 and 10, with personal laptops issued by the Federal Government.

### **Congratulations to Mr Lovegrove**

Mr Lovegrove will begin teaching at Mosman High School in term 4. He has been appointed to the position of Head Teacher Science at his new school. In the last few years, Mr Lovegrove has done a huge amount of work leading environmental education at Riverside. Several initiatives, including our water tanks which supply all water to the toilet block, our gardens and grounds improvements and the computerised monitoring of water usage in the school, have all been introduced by Mr Lovegrove. We wish him every success in his new Head Teacher role. We will miss his environmental passion and commitment but we wish him every success in his new leadership role.

### **NAPLAN Results Years 7 and 9**

All students in Years 7 and 9 should have received their NAPLAN results to take home to parents. There are detailed notes explaining the various levels of achievement with the individual results.

All teachers will have access to the data about levels of literacy and numeracy for Years 8 and 10 for 2010. By now, all families will have received the whole school mailout about league tables and the huge potential for misleading information about any school's performance in national tests. We hope parents will appreciate our reasons for strongly opposing the misuse of test data in simplistic, reductionist league tables in mass media outlets intent on selling newspapers with sensationalist articles.

### **Final P. & C. meeting for 2009 Wednesday 11<sup>th</sup> November 7.30 pm**

The final P. & C. meeting for the year will be held on Wednesday 11<sup>th</sup> November. It is also the A.G.M. We hope to see lots of parents at the meeting. It will be the last meeting before the Year 6 into 7 Orientation Day on Thursday 3<sup>rd</sup> December 2009, 7.30 – 11.30 am. We hope some parents will be available to help us on this very important day in term 4. Do contact Cheryl Osborne, P. & C. President on 9878 3028 or email [cherylosborne@optusnet.net.au](mailto:cherylosborne@optusnet.net.au)

### **Archived Certificates found in Storeroom**

We have found several Riverside Certificates from 1955 to 1987 including

- Intermediate Certificates
- Leaving Certificates
- School Certificates
- Higher School Certificates

These certificates should have been issued a long time ago. We did run an ad in the Northern District Times recently regarding the certificates and even though several ex students (some as far back as 1957) contacted us, none of their certificates were in the old box. Do email me if you think your

certificate could be there and include your contact details and your final year of schooling at Riverside. We'd love to find a home for at least some of them.

email: [rgprin@optushome.com.au](mailto:rgprin@optushome.com.au)

Judy King – Principal

### **P & C Report**

At the September meeting, local environmentalist, Jimmy Shaw gave a short presentation on the work he is doing with the school's environmental group and some science classes creating vegetable gardens and improving the natural environment in the school. He proposed that the P & C assist with funding of a greenhouse/storage shed for propagation of plants and storage of tools used in the gardening process.

Problems with school transport have long been an issue at Riverside, particularly at the beginning of the school year, with heavy traffic, buses not stopping to collect girls, and overcrowding some of the main issues. The Sydney Morning Herald is conducting a public transport forum and parents at the meeting were asked to contribute their views on what the issues are and possible solutions to these problems. Responses will be forwarded to the Herald to add to their document.

The next meeting of Riverside P & C will be our **Annual General Meeting, to be held on Wednesday 9 November at 7.30pm in the school common room.** Reports will be given outlining the events attended by the P & C and the income and expenditure of the past year.

Elections for the position of President, Secretary and Treasurer will be held with nominations to be made at any time up to and including at the meeting. Below is a brief description of the executive positions.

**President:** - to chair regular meetings ensuring that everyone concerned has the opportunity to put forward their views, to facilitate events as necessary and to encourage others to become involved.

**Secretary:** - to take notes of the meeting and circulate them amongst the parent body as requested, keep the attendance book and to record any correspondence. This position can be split into two, a minute secretary and a correspondence secretary.

**Treasurer:** - To keep a record of all financial transactions of the P&C and submit an income and expenditure statement for each meeting.

This is my last year as P & C President at Riverside as my daughter will soon complete year 12. It is time for someone else to step forward and take over the reins. Being the President, or even a

committee member, is not an onerous task, but it is a rewarding one.

In order for the P & C at Riverside to continue we need to have more parents attending meetings and willing to hold a position. No nominations means that the constant support provided by the P & C, that means so much to our teachers and students, such as providing input to decisions at all levels, helping teachers to better understand the community served by their school, and funding various programs and equipment which the school budget cannot stretch to, will be severely curtailed.

Don't leave it to someone else. Nominate and help the P & C at Riverside continue to support our students and the school. If you would like more information on the time commitment required or any other aspect of holding a P & C position, PLEASE contact me by email at [cherylosborne@optusnet.com.au](mailto:cherylosborne@optusnet.com.au) or ph 9878 3028

Support our students and the school, come to the AGM; everyone is welcome.

Cheryl Osborne, President

## **Sport**

### **Open Football (Soccer)**

Trials for the Open Football team were very keenly attended this year as there were many positions available in the team, having lost 8 players from last year's Year 12. The squad selected for 2009 included: Bella Bianchino (captain) Year 12, Isobel Blair Year 10, Jessica Dobis Year 10, Zoe Finlayson Year 11, Kumbelin Levin Year 11, Elizabeth Salvagio Year 11, Alex Warnes-Wagstaff Year 10, Jessica Shore Year 11, Lily Matthews Year 11, Leanne Whyte Year 10, Caoife Power Year 10, Maddie Pfull Year 10, Tilly Simpson Year 11, Bella Jones Year 11, Bonnie Kok Year 12, Hayley Matthieson Year 9 and Olivia Hunt Year 12.

With the trials finalised, the Open Football team commenced the 2009 Knock Out competition with enthusiasm, hoping to emulate last year's performance where we were placed 2<sup>nd</sup> in the state after a thrilling final against Duval High. The result was determined from a golden goal in extra time.

Our first opponents were Hunters Hill High. They had a very young but promising team who challenged us well and played the better game in the first half. Stronger commitment to our passing and defence saw a 0-0 first half turn into a 3-0 win by full time. Our next game was an away game against Concord High. In the past they have been challenging opponents but Riverside played a very controlled game and never looked troubled winning 4-0. Burwood Girls High were our next

opponents; a home game at Tarban Creek. We have regularly met Burwood at this stage of the tournament and it has always been a close, tight game as it was once again this year. In the past it has often gone to golden goal in extra time with Riverside being the victor for many years. This year the game was once again a closely contested affair and the result was up in the air till the very end. However it was Burwood who were the victors with a score line of 2-1.

Although disappointed to be out of the competition for 2009, it was pleasing to see a very good team such as Burwood be able to progress in the competition. In fact Burwood went on to not only defeat Riverside but defeated Duval High, last year's knock out winners, two rounds later and then continue with several more wins to the 2009 final. Unfortunately, they lost 2-1 in the last minutes of the game to Alstonville High.

We normally lose a few Year 12 girls from the Open team each year, however there are many strong and capable players in the younger years that will step up and continue the tradition. Football has always been a very successful sport at Riverside and we look forward to another exciting year in 2010.

Amanda Palmer PDHPE - Open Football Coach

### **HSC Class of 1979**

A 30 year reunion is planned for ex year 12 students from **Cheltenham Girls High School** together with those girls who left year 10 in 1977. The event will take place at the Marriot Courtyard Hotel, North Ryde on **Saturday 31 October 2009**.

Enquiries, details and bookings contact Cheryl Osborne (Bates) on 9878 3028 or email [cherylosborne@optusnet.net.au](mailto:cherylosborne@optusnet.net.au)

### **Artist in Residence at Riverside**

In August this year, the Visual Arts faculty conducted an Artist in Residence Program to enrich the art course by providing students with the unique opportunity of meeting and working with a contemporary artist.



The program aimed to illustrate by example the role the artist can play in contemporary society

and to encourage the development of students' art practice through the transfer of practical skills, as well as encouraging the critical and creative thinking needed to design and produce works of art.

The Artist in Residence program at Riverside ran for one week with the artist working in a classroom and 'plein air' with Stage 5 and 6 elective art students. Students visited the studio classroom during scheduled class time accompanied by their classroom teacher. They were encouraged to ask questions about the artists' practice and to participate in artmaking exercises.

This year the Sydney based painter Amanda Penrose Hart was employed as our artist.

Amanda is a mid career artist who produces work in the form of painting and installation. She exhibits out of the King Street Gallery, William Street, Sydney.

Recognition must be made for the donation made by the Parents and Citizens Association for their generous support of this program. The following comments by Year 10 students give an indication of how successful the program was:

Hannah Wicks

"I learnt that simple objects can become successful artworks and that sometimes simple is more."

Elizabeth Koo

"From this experience I was able to interact with the environment to create a piece of art. Amanda was also very nice, helpful and informative. She was a great inspiration."

Lauren Salter

"I learnt how to use oil paints and the technique of spreading paint with a palette knife. I also was able to see a real artist at work."

Daphne Klianis

"Today on the excursion, I learnt new ways to paint using a palette knife. I also learnt to mix colour directly on the canvas to create a textured effect. The painting on the piece of timber worked the best as it was simple but interesting."

Sarah Rogerson

"The best work I created was the one using the palette knife. I didn't spend much time on it which led to a quick, expressive effect. You can depict objects, such as a boat, as a shape in motion. I also enjoyed using the charcoal to sketch a big tree at Gladesville Reserve, it worked well."

R. McMillan – Head Teacher Visual Arts

## ***Vietnam Veterans Visit - Year 10 History***

Our visit from the Vietnam Veterans on Friday 7 August was a memorable event which we all found interesting. We appreciated the veterans sharing their experiences with us as it gave us a first hand account of Australia's involvement in the war. We learnt about their day to day experiences and the hardships they faced.

Len Schulz and Bernie Cox talked about their experience walking through the forest and having Agent Orange sprayed on the jungles around them and being covered in the chemical. Bernie told us of his experiences travelling down the tunnels as a "tunnel rat" and finding the extensive networks of rooms and living areas such as hospitals and kitchens, all built underneath the jungle they were patrolling. When the Veterans spoke about fighting and losing mates it was hard to imagine how this impacted on them in later life. I don't think anyone who was in the room wasn't moved by their words. As a young person it is hard to comprehend a situation where you have to kill to stay alive.



*Left John Chapman, Greg Chalmers and Wendy Schulz with Len Schulz centre and Bernie Cox right with Year 10 History students.*

We were shown historical artefacts such as the Winchester Magazine from a machine gun and Len gave us an honest commentary of how it was in real combat. To see the equipment they carried and to imagine such young men fighting in such horrible conditions was difficult to comprehend. My knowledge of the war was quite different to what the veterans told me.

The most enjoyable part for me was when the veterans truly opened up to answer our questions. I know some of the questions we asked were quite personal though the veterans were very pleased to answer them. I know everyone enjoyed it when the veterans dressed up one of our students in their gear and when they passed around some of their equipment.

As my brother is in the army, it is interesting and even frightening to think that he may have to face

the situations that these veterans had to face. We all have different impressions and thoughts on how right or wrong Australia's involvement in the Vietnam War was but these veterans were young men who were asked to do extraordinary things for their country and were brave enough to do it. For this reason I think we were all very proud of their contribution to our country.

Jessica Dobis - Yr 10

### **School to Work Program**

Throughout 2009 Ten-K English have studied and learnt about all things that are important in the workplace. Recently we have been looking at how to successfully write resumes and work letters. We were given the chance to go to a two day 'out of school' excursion called 'Bridging the Gap' which took place at Ryde Eastwood Leagues Club. We all dressed up for the occasion, wearing outfits appropriate for a work interview. I must say we did the school proud!



At the start of the day we met students from different schools. The first presenter spoke about jobs that WE wanted to do, not what anyone else wanted us to do. We also learnt about how to give good presentations. This will be useful for school



and even later in life. The presentations over both days were engaging, interesting and interactive. We met people from a variety of industry areas, who gave us advice about all of the different career options available to us today. Other highlights of the two days were a lucky door prize that our school won both times and morning tea and lunch. Overall we learnt much from this experience.

In this Year 10 course, we have also participated in a 'Building Confidence Workshop'. Again we dressed up for the occasion. Our first session involved a presentation by Lisa Windon who spoke to us about appreciating and loving ourselves for who we are, and to be confident



within ourselves. After that we had a quick morning tea of muffins and cupcakes as it was 'Cupcake Day' at school. Following that Andry, a hair, makeup and etiquette expert, joined us for cupcakes and continued with a demonstration on how to present ourselves



for different occasions. This was a 'hands on' workshop with every girl in our class participating. Andry showed us all individually which makeup and hair style suited us best. This was helpful as many of us were told we weren't wearing the correct shades of makeup. This helped us to build confidence as now we know how to look perfect! After this we were provided with another fabulous and yummy lunch provided by our very own school canteen. Overall these two workshops have been a great asset to our year 10 English course.

Isabel Winsor & Tanya Ellis.

### **Dental Services**

Should any students need access to the Dental Health Services Clinic for assessment or treatment; their parents need to call the Northern Sydney Dental Call Centre. It is important that your child has regular dental check-ups from either your private dentist or the local child dental

clinic. If you wish to attend a local dental clinic please phone the Call Centre on **1300 789 404**.

You will be required to provide your Medicare number and answer some questions about your child that will enable them to provide your child with the most appropriate care.

### ***Macquarie Community College***

A range of professionally tutored courses and adult education at over 80 venues throughout North and North-western Sydney is offered by Macquarie Community College. The college continually strives to meet the adult education needs of the community. For more information regarding courses go to:

[www.macquarie.nsw.edu.au](http://www.macquarie.nsw.edu.au)

### ***Mobile Phone Fundraiser***

Over the past two years, a collection box for used mobile phones has been placed in the Library for used mobile phones. At last count, there were 40 phones collected.

It is estimated that there are 16 million old mobile phones just lying around in office and home drawers in Australia alone! These phones contain toxins that must not find their way into landfill sites. These phones can be recycled and earn money for our school. Belair Public School, for example, raised over \$2000. Every old mobile phone collected will raise \$2 for the school.

Simply bring in your unwanted phone, no matter its age or condition and drop it off in the box in the school Library. With over 1,000 students, and the disposal rate of mobiles, we should have many more than we have collected so far, so get those used mobiles into the recycle box. This will not only help the school, but the entire planet and is a great way for children (and parents) to learn about recycling. For further information call Peter on 0410 511695 or go to the website

[www.envirofone.com.au](http://www.envirofone.com.au)

# The Uniform Shop

Profits from the Uniform Shop go to the school

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**Opening Hours** The Uniform Shop is open every week on Thursday before school (8.30 - 9.00am) 2<sup>nd</sup> Recess (11.45 – 12.05pm) and at lunch time (1.00pm - 2.00pm). The Uniform Shop is located next to the Staff Common Room.

**Contact:** Jenny Evansl at the school office Ph: 9816 4264

Junior School Blouse (White)	\$28.00
Junior Blouse (long sleeve)	\$30.00
Junior Skirt Royal Check	\$55.00
V-Neck Wool/blend jumper with logo	\$55.00
V-Neck Wool/blend vest	\$35.00
Polar fleece jacket with logo	\$40.00
Trousers navy (2 pocket stretch bootcut)	\$45.00
Trousers navy (non stretch bootcut)	\$45.00
Senior Blouse (blue)	\$28.00
Senior Blouse (long sleeve)	\$30.00
Senior Skirt Navy	\$35.00
Scarf	\$10.00
Beret with school logo	\$25.00

**Payments:** Cash, cheque or credit card are accepted  
Cheques should be made payable to Riverside Girls High School

**Exchanges & returns:** Please encourage your daughters to try on samples before purchase.  
Goods will only be exchanged *if they have not been worn*.  
If items need to be exchanged, please return them in their original packaging with the docket.

## The Uniform Shop News

- Polar fleece jackets with Riverside logo are now available for \$40.00
- Don't forget a new winter coat is available if you pre-order and pre-pay. Girls can collect an order from the Student Services Counter in the front office and they can try on samples from the Uniform Shop every Thursday. They cost \$89.00; they are a wool blend coat for both juniors and seniors and have been introduced by the SRC as an optional item to the Riverside school uniform.

## RIVERSIDE GIRLS HIGH SCHOOL CANTEEN MENU 2009

Food Coding  
G- Green fill the menu  
A- Amber select carefully  
R- Red only occasionally

### BREAKFAST

Toast – jam or honey (A)	1.90
Raisin toast (A)	2.20
Cereal & milk (G)	2.20
Rice pudding (G)	2.50
Low fat yoghurt (G)	2.00
Fresh fruit salad & yoghurt (G)	2.50
Bacon & egg roll (A)	3.50
Smoothies – fresh strawberry or banana (G)	3.00

### JAFFLES

Cheese (G)	2.50
Cheese & tomato (G)	2.70
Tomato (G)	2.30

### SNACKS 'N' THINGS

Garlic or Herb bread (A)	1.50
Honey soya Wingettes (A)	2.50
Jelly & custard (A)	2.00
Fresh seasonal fruit (G)	0.80+
Fresh fruit salad (G)	2.50
Low fat ice-cream & ice-blocks	0.80+
Low fat muffins (A)	3.00
Low fat banana bread (A)	2.80

### SUSHI

Tuna (G)	2.90
Chicken Teriyaki (G)	2.90
Vegetarian (G)	2.90
Crab, avocado & cucumber sushi (G)	2.90

### SALAD BOXES

Garden salad (G)	3.50
Roast chicken salad (G)	4.00
Tuna salad (G)	4.00
Tuna pasta salad (G)	4.00
Chicken avocado pasta salad (G)	4.50
Caesar salad (G)	4.00
Tabouli salad (G)	3.50
Potato salad (A)	3.50
Greek salad (A)	4.00

### SANDWICHES (G)

(white/wholemeal/multigrain)

Vegemite (G)	1.90
Egg & lettuce (G)	2.40
Curried egg (G)	2.20
Turkey cheese & cranberry (G)	3.00
Tasty cheese & salad (G)	3.00
Tasty cheese (G)	2.20
Tasty cheese & tomato (G)	2.50
Lean roast chicken (G)	2.60
Lean roast chicken, lettuce & mayo (G)	3.00
Tuna or Salmon (G)	2.60
Tuna & salad (G)	3.50
Chicken & salad (G)	3.50
Salad (G)	2.90
Lean lite ham, tomato & cheese (G)	3.00

### EXTRAS

Mayonnaise (A)	0.20
Rolls (G)	0.60
Wraps (G)	0.60
Turkish bread (G)	1.00

### HOT FOODS

Home-made soup (G)	3.00
Soup cups (A)	2.50
Low-fat cheesy hotdog (A)	3.00
Chicken corn roll (A)	2.00
Low fat beef pie (A)	3.00
Low fat shepherds pie (A)	3.40
Sausage roll (A)	2.70
Vegetable pastie (A)	2.80
Low fat steak pie (A)	3.40
Spinach & ricotta roll (A)	2.80
Home-made pizza: chicken or vegetarian (A)	3.50
Chicken snitzel roll with lettuce & mayo (A)	4.20
Gourmet beef burger (A)	4.00
Lean chicken burger (A)	3.80
Hot potato with cheese & salsa (A)	3.50
Lasagna or Vegetarian Lasagna (G)	4.00
Fried Rice (A)	3.00
Satay chicken & rice (A)	4.00
Curried chicken & rice (A)	4.00
Creamy chicken fettuccine (A)	4.00

### TURKISH BREADS

Vegetarian – eggplant, sundried tomatoes, capsicum & cheese (A)	4.80
Chicken – avocado, chicken, sundried tomatoes & cheese (A)	4.80
Mediterranean – pesto, olives, capsicum & fetta cheese (A)	4.80
Turkey – roast turkey, cranberry sauce & swiss cheese (A)	4.60
Chicken snitzel – chicken snitzel, roast capsicums, pesto & cheese (A)	5.00

### DRINKS

Plain milk 300mL (G)	1.10
600mL	1.50
Flavoured milk 300mL (G)	2.00
600mL	3.00
Soft drink cans (A)	1.50
Flavoured mineral water (A)	2.50
Spring water (G)	1.80
Powerade sports water (A)	3.00
Milkshakes: chocolate, strawberry, caramel (A)	2.90
Slushies: 100% juice (A)	1.90
100% popper (G)	1.50

### HOT DRINKS

Coffee (A)	2.50
Tea (A)	2.00
Hot chocolate (G)	2.00