

RIVERSIDE CURRENTS

Riverside Girls High School Parent & Community Newsletter

March 2005

Calendar Dates

March

- Wednesday 16 Selective Schools Test in the School Hall
P & C Meeting 7.30 pm in the Common Room
- Friday 18 School Cross Country
- Saturday 19 Grounds P & C Working Bee
- Tuesday 22 Bennelong Institute, guest speaker Matt Laffan, 7.30 pm Common Room
- Friday 25 Good Friday
- Monday 28 Easter Monday
- Thursday 31 Open Day, 2.00 pm – 6.00 pm Sausage Sizzle & Gelato

April

- Tuesday 5 Year 7 & 12 Parent/Teacher Evening, 4.00 pm – 7.30 pm
- Wednesday 6 70th Birthday Celebration Concert School Hall 6.30 pm
- Friday 8 Great Debate
End of Term 1
- Term 2 resumes, Tuesday 27 April for teachers only
Wednesday 28 April first day for students Term 2

Principals Report

We have just over 1000 girls enrolled for 2005 with 204 in our new year 7, our largest ever year 7. While our site is now crowded the enrolment numbers of over 1000 ensure that we keep all of our teachers in the centralized staffing operation. This means we are able to staff some of the smaller elective groups such as HSC 2 Unit Music and Extension Italian.

2004 HSC Results

We were very pleased indeed with the excellent HSC results last year. All the high achievers from the 2004 HSC were invited to a special presentation assembly on Friday 18th February

where they received school medallions. 23 students received UAIs over 90 (20% of girls eligible for a UAI) with the Gold Dux Medallion awarded to Ai Lin Sang for her UAI of 99.95. Ai Lin and Xin Ru, second in the year with 99.60, have both been accepted into the demanding Bachelor of Actuarial and Financial Studies at Macquarie University. Philippa Hinton, third in the year with 98.90 is studying Arts/Law at Macquarie Uni.

Both Ai Lin and Philippa received Premiers Awards for achieving over 90% in all 10 units and 12 units respectively. 1.4% of all candidates in the 2004 HSC across the state received a Premiers Award.

Philippa was second in the state in 2 Unit PD.H.PE (10,497 candidates), a result which delighted her teacher Ms Pendergast HT PD.H.PE.

44 Riverside students were listed in the honour roll for over 90%, 84 times for all subjects.

Several students were awarded scholarships including

- Holly Moussa – sports scholarship (soccer), Sydney Uni
- Katie Jameson – sports scholarship (athletics), Macquarie Uni
- Anne Sastro – Ryde/Gladesville Rotary Club Scholarship
- Cassandra Yip – Women in Technology Scholarship UTS

Open Day
Thurs 31st March
2 - 6pm

We hope to see lots of visitors at our Open Day, especially years 5 and 6 students from the inner west primary schools. The official welcome will be held in the hall at 3pm student guides will be available to show groups of visitors around the school. Parents and teachers will be available to assist with enquiries. Displays and activities will be programmed from 2pm – 6pm. Parking is available. Do encourage prospective enrolments for Year 7 in 2006 to attend Open Day.

STAFF CHANGES

- Ms. Garvan from the Languages faculty has returned to full time University study to pursue a career change as a chiropractor. She has been replaced by Ms Crocco who has transferred to RGHS from Leichhardt HS.
- Ms Arundel has also joined us from Leichhardt High School to replace Ms McAuley in English.
- Ms Song from Birrong Boys HS has replaced Ms Lim in TAS
- Mr Lovegrove has joined us from Hunters Hill High School to replace Mr Moran in the Science faculty, a vacancy created with the appointment of Mr Moran as HT Science in 2004
- Ms Jerrems is replacing Mr Pearl in Social Science for Term 1.
- Mr Quartly has been appointed to the TAS faculty to teach Computing Studies I.P.T. and S.D.D. He was previously at Lurnea High School.
- Ms Henze is our new Head Teacher English, Drama and ESL. She has joined us from Oberon High School replacing Ms Diprose.

We hope the new members of staff will enjoy teaching at Riverside and find their time with us professionally rewarding.

Unfortunately Ms Trimble and Ms Turco have both suffered serious illnesses in term 1 and we hope they will recover soon and rejoin us. Their classes in the English faculty have been covered by casual teachers. We are fortunate at RGHS to have a strong pool of very competent casual teachers who are available for short term and long term relief.

Bullying and Harassment

Parents need to be aware that we struggle to deal with bullying and harassment week in and week out. We are working on a variety of approaches with individuals, small groups and whole classes.

- It is essential that your daughters report all incidents of bullying or ongoing harassment, whether it is in the playground, classroom, corridors or on the buses to and from school.

- It is also essential that they keep evidence of any text messages, emails or chat line messages which are insulting offensive or intimidating. Any threats of violence should be reported to the police.
- We need the support of parents in counselling students to avoid a victim persona. We are keen to work with parents and students to develop strong and appropriate responses to bullying and harassment.

Judy King
Principal

Sport

Swimming Carnival 2005

Once again we had fantastic attendance for our swimming carnival with the cheer squads working hard for most of the day. This year the carnival was held at Drummoyne Pool and it was a perfect day for it.

McKenzie house won the carnival with 508 points and a very strong level of participation. Coen came second followed by Mallinson then O'Harris. It is a credit to all the competitors and their supporters for their success.

The age champions were:

| | | |
|----------------------|----------|-----------|
| Eva Leone | 12 Years | McKenzie |
| Rachel Horton | 13 years | McKenzie |
| Holly Browne | 14 years | Coen |
| Alana Ward-Smith | 15 years | O'Harris |
| Vivienne Moxham-Hall | 16 years | Mallinson |
| Orlanda Sexton | 17 years | O'Harris |

The School Champion is Orlanda Sexton who also broke 7 school records in the following races: 100m backstroke and breaststroke, 50m freestyle, backstroke, butterfly and breaststroke and also the 100 m Championship race. Some of these records were up to 35 years old. Congratulations! Second place in the school championship race went to Rachel Horton in year 8. Well done!

J Pendergast
HT - PDHPE

Riverside Snow Sports Team

Welcome to new girls and their parents. Its time to start planning for this year so I have included information to get you thinking. We would like to get teams together to compete in the Sydney region events to be held at Thredbo from Wednesday 13th July till Saturday 16th July. At regional level the emphasis is on fun and participation so you don't need to be an expert. The courses are reasonably easy. Events are X-country, Alpine GS, Skier cross, Moguls, Snowboard GS and Boarder cross.

So if you

- Have skied or been snowboarding before and enjoyed it,
- Can stop.
- Can turn.
- Would like to go again and get better.

Get involved with Riverside Snow Sports. Last year we had a fantastic 5 days of great snow. To give you an idea of how much to save, last year's costs are included. You can probably expect a small increase. Competitors receive a discount on lift tickets.

2004 Costs

| | <u>Under 15 years</u> | <u>Over 15 years</u> |
|---|-----------------------|----------------------|
| Incidental and on mountain expenses Lunch on mountain (packed or Buy) | | |
| 5x\$20 per day | \$100 | \$100 |
| Ski and Helmet Hire for 5 Days | \$100 | \$100 |
| Lifts 5 Day consecutive ticket (interschool price) | \$245 | \$315 |
| Racing Lesson x 1 | \$ 43 | \$ 43 |
| Total | <u>\$488</u> | <u>\$558</u> |

Costs not included.

- Ski Clothing Hire
- Transport at own expense or share of petrol cost.
- Accommodation with school at Jipala Lodge Jyndabyne \$25 p/n (\$225)

Parents are welcome and each school is required to provide 2 officials to assist in running the events. Officials are provided with training on event rules and mountain safety at a preseason seminar usually held in May and June.

Each member will receive a polar fleece technical jacket embroidered with the team logo. These fantastic jackets are donated free by the school's uniform supplier Hip Hop Clothing.

At this stage I am trying to work out numbers to determine what accommodation and transport is needed. Please let me know

1. If you would like to be involved.
2. If you would be travelling and staying with your parents
3. Or if you would be travelling and staying with school group
- 4.

Parents are welcome and if you would like to discuss anything please call me at school on 9816 4264 or mobile 0400 091111.

Michael Blundell

Open Knockout Basketball

Round 2: Riverside lost to Cherrybrook High 40-20

The team members were:-

Brittany Olsson, Jessica Francis, Jane Wilcox, Katrina Colsell, Jaspreet Khosa, Nina Blundell, Alannah Frankham, Stefanie Lynam, Emma Parry, Hanna Vousden, Rebekah Frankha

Match Report

The game was held at Parramatta Basketball stadium at Auburn on 23rd February.

A close battle throughout the first half, with Cherrybrook dominating the second half.

Player of the match – Jane Wilcox

Best defensive player – Alannah Frankham

Coach – Mr B. Lowe

Volunteers Needed

Meadowbank College of TAFE is seeking volunteer Literacy and English tutors. Free training sessions are due to start at Meadowbank College of TAFE to prepare adults to become volunteer reading/writing and English tutors to **\$558** other adults. The next session will begin on **Tuesday, 29 March 2005.**

For more information or to register your interest, please ring Sue or Deborah on **9942 3572**

Dental Services

Should any students need access to the Dental Health Services Clinic for assessment or treatment, their parents need to call the Northern Sydney Dental Call Centre on

887 75288

BELATED HAPPY 70TH BIRTHDAY RIVERSIDE !

CELEBRATION CONCERT

A showcase of memories and of our finest performers

Wednesday 6th April 2005

7.00 pm – School Hall

***EX-STUDENTS ARE WARMLY INVITED TO JOIN STAFF BEFORE
THE SHOW FOR COCKTAILS AT 6.00 P.M.***

***Please book your tickets by contacting Rosemary at the school
on 9816 4264***

OR posting your booking order and cheque to

Riverside Girls High School, Locked Bag No.3, Lane Cove, NSW 2066

| | |
|--|-----------------------|
| <i>Cocktails and Concert</i> | <i>\$15.00</i> |
| <i>Concert only Children</i> | <i>\$5.00</i> |
| <i>Adults</i> | <i>\$10.00</i> |
| <i>Family (2 Adults 2 children)</i> | <i>\$20.00</i> |
| <i>Pensioners</i> | <i>\$5.00</i> |

PAYMENT BY CHEQUE ONLY TO RIVERSIDE GIRLS HIGH SCHOOL

TICKETS ALSO AVAILABLE AT THE DOOR FOR CONCERT ONLY

SHORESHOCKED

Shoreshocked is a free all ages festival that is being held on Saturday 9th April from 12.00-9.00pm at St Leonards Park in North Sydney.

MAIN STAGE, HIP HOP, DANCE, FRET HOUSE, SLOW DOWN LOUNGE!!!!

The main stage will be headlined by Spiderbait, supported by The Panics, Faker, The Herd and local bands. The Hip Hop tent will have an MC battle and performers including Bliss n Esso, Hyjak n Torcha, DJ Bonez, The 206 Collab, Tycotic and Spit Syndicate. The Dance tent will have some of Sydney's hottest DJs from Rawfm. The Slow Down Lounge will have a jumping castle, Chai tent, art and crafts, massages, workshops, giveaways etc. The Fret House will be showcasing the smooth sounds of acoustic with performers welcome to register on the day. Other activities include aerosol art, jumping castle, volleyball, art and craft, market stalls, Chai tent and much more. Shoreshocked is a drug and alcohol free event. For more info check out www.shoreshocked.com or email youth@lanecove.nsw.gov.au

RIVERSIDE CANTEEN TERM ONE 2005

SANDWICHES

| | |
|---------------------------|---------------|
| VEGEMITE | \$1.50 |
| PEANUT BUTTER | \$1.50 |
| BAKED BEANS | \$2.00 |
| CHEESE & TOMATO | \$2.50 |
| CURRIED EGG | \$2.50 |
| EGG & LETTUCE | \$2.60 |
| CRISPYBACON/AVOCADO | \$3.20 |
| HAM AND SALAD | \$3.20 |
| COTTAGE CHEESE/SALAD | \$3.20 |
| CHICKEN | \$2.80 |
| CHICKEN/LETTUCE MAYO | \$3.20 |
| CHICKEN AVOCADO | \$3.70 |
| CHICKEN SALAD | \$3.40 |
| CHICKEN SATAY LETTUCE | \$3.40 |
| SALMON LETTUCE MAYO | \$3.70 |
| SALMON SALAD | \$3.80 |
| TURKEY CRANBERRY | \$4.00 |
| TURKEY CHEESE AVOCADO | \$4.20 |
| SALAD | \$3.00 |
| SALAD WITH SWISS CHEESE | \$3.40 |
| TUNA LETTUCE MAYO | \$3.40 |
| TUNA SALAD | \$3.50 |
| ROAST BEEF SALAD | \$3.20 |
| EXTRAS ADD | \$0.50 |
| ON ROLLS OR BAGELS | \$0.50 |
| TOASTED ADD | \$0.40 |

| | |
|---------------------------|--------|
| IN ADDITION | |
| HEALTHY FILLINGS IN WRAPS | |
| AND TURKISH PIDE | \$3.50 |

SALADS

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|-----------------------|--------|
| PASTA SALAD | \$2.50 |
| GARDEN SALAD | \$2.50 |
| THREE BEAN SALAD | \$3.00 |
| TUNA OR CHICKEN SALAD | \$4.50 |
| THAI BEEF OR CHICKEN | \$4.50 |
| 99% FAT FREE YOGHURTS | RRP |
| FRESH SUSHI LUNCHBOX | \$2.80 |

FRESH FRUIT

| | |
|---------------------|--------|
| SEASONAL FRUIT from | \$0.60 |
|---------------------|--------|

HOT FOOD

| | |
|-------------------------|--------|
| LIGHT MEAT PIES | \$2.50 |
| LIGHT SAUSAGE ROLLS | \$2.00 |
| MEAT LASAGNE | \$3.50 |
| PENNE BOLOGNAISE | \$3.50 |
| PIZZA SINGLE | \$2.20 |
| CHICKEN BURGER | \$3.50 |
| BEEF STIR-FRY WITH RICE | \$3.50 |
| CHICKEN & VEG. RISOTTO | \$3.50 |
| CHICKEN & CORN ROLLS | \$1.70 |

VEGETARIAN SELECTIONS

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|-------------------------|--------|
| INDIAN SAMOSAS | \$2.00 |
| VEGIE BURGERS | \$3.50 |
| VEGETARIAN LASAGNE | \$3.50 |
| VEGETABLE RISOTTO | \$3.50 |
| VEGETABLE ROLL | \$2.50 |
| SPINACH AND CHEESE PUFF | \$2.20 |

LOW FAT CAKES AND SLICES

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|--------------------|--------|
| DATE AND OAT SLICE | \$2.00 |
| BANANA BREAD | \$2.00 |
| MUESLI SLICE | \$2.00 |
| FRUIT BUN | \$1.20 |
| LOW FAT MUFFINS | \$2.40 |

ICE CREAMS AND ICES

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|------------------------|-----|
| SELECTION OF LIGHT ICE | |
| CREAMS AND WATER ICES | RRP |

COLD BEVERAGES

| | |
|-----------------------------|------------|
| PLAIN MILK (300ML) | RRP |
| FLAVOURED | RRP |
| SOY DRINKS | RRP |
| NUDIE JUICES | \$2.80 |
| NUDIE SMOOTHIES | \$3.50 |
| ORANGE,APPLE,PINEAPPLE | |
| APPLE & BLACKCURRANT JUICES | \$2.00 |
| SPARKLING APPLE CAN | \$2.00 |
| SPRING WATER (500ML) | \$1.80 |
| LIGHT SOFT DRINKS | RRP |

RIVERSIDE GIRLS HIGH SCHOOL

UNIFORM SHOP

The UNIFORM SHOP is open every Wednesday of Term
at lunchtime in the School Hall Kitchen

CONTACT: School Office PH: 9816 4264
Jenny Evans: Wednesdays

PRICE LIST

| | |
|--|---------|
| Junior School Blouse (White) | \$27.00 |
| Junior Blouse (long sleeve) | \$30.00 |
| Junior Skirt Royal Check | \$45.00 |
| V-Neck Wool/blend jumper with logo | \$55.00 |
| V-Neck Wool/blend vest | \$35.00 |
| Trousers navy (2 pocket stretch bootcut) | \$45.00 |
| Trousers navy (non stretch bootcut) | \$45.00 |
| Senior Blouse (blue) (Yrs 11 & 12) | \$27.00 |
| Senior Blouse (long sleeve) | \$30.00 |
| Senior Skirt Navy | \$33.00 |
| SALE ITEMS – | |
| Junior Blouse (“Taleb”) (size 10 & 20) | \$20.00 |
| Parachute jacket (sport only) | \$ 5.00 |

Uniform Shop News – Please read this section

- V neck vests are now available - \$35.00 each.
- Jumpers and vests can now be ordered for winter. Forms are available in the rolls at roll call and also from the office. Submit order form and payment by placing in a box marked UNIFORM SHOP ORDERS at STUDENT SERVICES counter before 23rd March, 2005 and you can collect your jumper from STUDENT SERVICES counter on Wednesday 28th April, 2005 (1st day of Term 2) at RECESS 2 and LUNCHTIME.
- Exchanges and returns – Please encourage your daughters to try on samples before purchase. Goods will only be exchanged **if they have not been worn**. If items need to be exchanged, please return them in their original packaging with the docket.

PAYMENTS BY CASH, CHEQUE OR CREDIT CARD ARE ACCEPTED
CHEQUES SHOULD BE MADE PAYABLE TO RIVERSIDE GIRLS HIGH SCHOOL
Profits from the Uniform Shop go to the school