

# RIVERSIDE CURRENTS

Riverside Girls High School Parent & Community Newsletter

June 2006

## Calendar Dates Term 1

### June

Friday 16	B.A.T.H. Day Year 12 Stu Vac
Monday 19	Trial HSC Exams all week
Wednesday 21	Band Committee Meeting, 7.00-9.00pm in Common Room
Monday 26	Trial HSC Exams all week
Thursday 29	SRC Training Day
Friday 30	Last Day of Term 2

**Term 3 resumes for all students on:**

**Tuesday 18 July (Week A).**

## Principals Report

Due to the Principal's attendance at an educational conference in the U.S.A. her report will not appear until the next issue of the newsletter.

## P&C Report

Parents wishing to subscribe to the P&C email can send an email requesting inclusion to [keva7127@bigpond.net.au](mailto:keva7127@bigpond.net.au)

P&C Meeting Wednesday 14 June  
7.30pm, School Common Room  
Guest Presenter: Ms Gillian Maury -  
School Counsellor  
Ms Maury will talk to parents and answer questions about complex issues and challenges facing adolescent girls in the early 21<sup>st</sup> century.

## Sport

### Zone Cross Country

On Tuesday 23<sup>rd</sup> May we sent 55 girls to Pennant Hills Park for the Annual Zone Cross Country event. This was the first time in several years that we actually had a full team of girls running in both the 17yrs and 16yrs age groups. Congratulations

to our senior girls for such a great display of school spirit.

Our overall result for the day was fourth out of the six schools that competed (we even beat North Sydney Girls this year!). However our greatest result was taking out first place in the 15yrs age group and gaining a place at the Regional Cross Country for a school team of four runners in this age group.

The following seven students are to be congratulated for making it through to the Regional Cross Country on Thursday 15 June.

Caoife Power	13 yrs
Moya Johansson	14 yrs
Caitlin Carpenter	15 yrs team
Sarah Hardy	" "
Alice Palmer	" "
Anna Andronikashvili	" "
Sally Johnson	16 yrs

Congratulations to all girls for a great effort.  
E. Keller

## Congratulations to –

Danielle Ayrton Yr 12 for being selected in the Australian National Trampoline team and Tamara Mitchell Yr 11 for being selected in the State Dance Ensemble

## CHS Soccer Championships - Armidale

In Week 6 Jessica Francis, Katarina Kraft and Kate Butler-Howell represented Sydney North Area at the CHS Soccer Championships in Armidale. The team reached the semi finals where they were defeated by the eventual winners, Sydney East Area. The team finished a creditable 3<sup>rd</sup>. The team was coached by Mrs Palmer from Riverside.

## CHS Volleyball Championships

Kay Edwards and Cindy Edwards who represented Sydney North Area at the CHS Volleyball Championships this year. Unfortunately their older sister Wendy was unavailable for selection this year due to other commitments.

### **Interested in an RGHS String Ensemble?**

The Riverside Instrumental Ensemble Program (RIEP) Subcommittee is hoping to gauge interest in forming a string ensemble as part of the instrumental program. Does your daughter play a string instrument? Would your daughter like to play a string instrument?

The Riverside Instrumental Ensemble Program (RIEP) currently consists of ensembles which are predominantly wind, brass and percussion (plus a guitar ensemble). The RIEP subcommittee would like to gauge interest and support for setting up a string ensemble as part of the RIEP. String players would then have the opportunity to join a string ensemble with its own ensemble director, as part of the school instrumental program, with rehearsals held before or after school. String lessons would be available at the school during school hours from qualified string teachers. The annual cost of joining the RIEP is currently about \$350 in addition to which parents pay for private instrument lessons. If you are interested, send an email to the RIEP subcommittee at the following address:

[trapagasaul@hotmail.com](mailto:trapagasaul@hotmail.com)

Thank you for your interest  
Cio Saul (Secretary for the RIEP Subcommittee)

### **Actuarial Studies Information Session**

**Macquarie University**

**Thursday 13 July 2006  
1pm – 3pm**

### **Parent Information Evening**

Macquarie University will be holding its Parent Information Evening on 26 July 2006 from 6 - 8pm. The evening will provide information on Pathways into university, the UAI, transition from high school to university and university exchange and leadership program. Bookings are essential. Visit:

[www.hscandbeyond.mq.edu.au/parent](http://www.hscandbeyond.mq.edu.au/parent)

or phone **9850 7382**

### **Volunteer Literacy & English Tutors**

Meadowbank College of TAFE is seeking volunteers to participate in a free program as Literacy and English Tutors. The free training sessions are due to start at Meadowbank College of TAFE to prepare adults to become volunteer reading/writing and English tutors to other adults

from both English and non-English speaking backgrounds. The next session will begin early April or shortly after the Easter school holidays. **For more information or to register your interest, please ring Sue or Deborah on: 9942 3572**



### **An Invitation to Join 1<sup>st</sup> Lane Cove Scouts Lloyd Rees Drive, Blackman Park**

1<sup>st</sup> Lane Cove Scouts invite girls and boys between the ages of 11 and 15 to join our **Scout Troop** which meets every Friday during school terms between 7.30pm and 9.30pm.

Camping, abseiling, caving, horseback riding, fishing, rock climbing, diving, skiing, canoeing, sailing and helping in the local community are a few of the exciting experiences a Scout may achieve in his or her time as a youth member. Scouts challenge their minds as well as their bodies. Not everyone looks for the outdoor buzz all the time, so Scouts have challenging activities involving the internet, amateur radio, and performing arts such as singing, dancing and acting. There are also many awards in the areas of citizenship, community and personal development.

Our Scouts are presently gearing up for Scout Hike 2006. Visit [www.sydneynorthscouts.com](http://www.sydneynorthscouts.com) to see pictures of Scout Hike 2005. Interested? Do you have what it takes? Don't just talk about what you could do – get out and do it with Scouts. Come and have fun with us, we would love to meet you.

For those adventurous girls and boys between 8 and 11 years there is our **Cub Pack** which meets every Wednesday during school terms from 7 till 8.30pm, make some new friends, learn campfire cooking, bushcraft skills and play boisterous games plus lots more.

If you would like more information visit the Scout websites [www.scouts.com.au](http://www.scouts.com.au) and [www.sydneynorthscouts.com](http://www.sydneynorthscouts.com) and of course our website [www.lanecovescouts.com](http://www.lanecovescouts.com) to see what we have been up to.

[mail@lanecovescouts.com](mailto:mail@lanecovescouts.com)

Group Leader: Paul McGregor Ph. 9428 4061

### **Dental Services**

Should any students need access to the Dental Health Services Clinic for assessment or treatment, their parents need to call the Northern Sydney Dental Call Centre on **887 75288**.

### **YOU COULD BE JUST THE KIND OF FAMILY WE'RE LOOKING FOR**

Are you open-hearted and interested in meeting new people? Hosting an exchange student really is a great way to expand your family's horizons and make a friend for life. Unlike having a boarder, the student participates as one of the family, including helping with household chores, following house rules, and joining in the fun.

Southern Cross Cultural Exchange currently has over 100 students from countries including Germany, Italy, Scandinavia and Brazil who are waiting to hear about their Australian family. They will arrive in July for a few months and go to High School. We are looking for open hearted families to host these enthusiastic teenagers.

Southern Cross Cultural Exchange is a non-profit organisation with 22 years experience in exchange programs. Hosting is voluntary and students bring their own spending money as well as being covered for medical and educational expenses

For more information please ring:  
**Toll Free 1800 500 501**

### **EF Language Travel**

For more than 40 years, EF Language Travel has been providing worldwide study tours for young students wishing to improve their English language skills and enjoy a new cultural experience. Thousands of international students have already enjoyed that experience in Australia.

From July, EF Language Travel will bring students between the ages of 9-17 years from Europe and Asia to the Ryde area for the first time, and we are seeking to appoint host families in the Ryde/Meadowbank zone and nearby suburbs. If the idea of having one or more students in your home appeals to you and you would enjoy sharing the cultural exchange for periods of up to four weeks, **and be paid for the pleasure**, please contact EF Language Travel Programme Coordinator.

Host families receive \$150 per week per student and a petrol subsidy of \$30 + \$10 extra per week per household if Host Families drive the students to the course centre situated at Meadowbank TAFE.

For more details please call the Local Programme Coordinator, Colin Dennis on 0410 183 757 or EF Language Travel on 9247 6386.

Have a go and show them what Aussie life is all about!

### **Australian Ballet School Audition**

The Australian Ballet School is preparing to undertake another far-reaching tour of Australia, in search of talented young people to take up positions at the School in 2007. The Australian Ballet School auditions and accepts students from all over urban and rural Australia and overseas. Preliminary auditions are held each year for both Junior and Senior Programmes in Melbourne, Sydney, Brisbane and Perth.

The Australian Ballet School offers an eight year programme based at their centre in Melbourne. An Interstate Junior Programme is also offered to select students who cannot live in Melbourne full time. Students gain access to Levels 1 to 4 of the Junior School Programme. The programme is delivered in Melbourne at The Australian Ballet School through individual visits and Intensive Training Sessions, as well as through Specialised Classes held in most capital cities each year. Auditions are open to all young boys and girls with a dream to pursue vocational dancing. Boys and girls aged 9-14 years audition for the Junior School and students aged 15 years audition for the Senior School. Dance experience is not necessary to be accepted into the School as teachers look more for the facility and potential of young people rather than the skills already acquired. Open Masterclasses will also be conducted as part of the 2006 Auditions tour. Open Masterclasses are conducted by senior members of The Australian Ballet School's training programme. No auditions are necessary however Open Masterclasses do not provide entry into The Australian Ballet School.

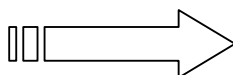
Audition dates for Sydney are 13-15 June, Melbourne 31 July- 4 August. For further information please contact The Australian Ballet School on **03 9669 2807** or download an application pack at [www.australianballetschool.com.au](http://www.australianballetschool.com.au)

# General & Elective Subject Contributions 2006



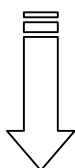
Riverside Girls High School

## General Contributions



Year 7	\$280
Year 8	\$260
Year 9	\$150
Year 10	\$150
Year 11	\$195
Year 12	\$195

## Electives



	Year 9	Year 10	Year 11	Year 12
Ceramics 1U			\$45	\$45
Computing Applications			\$35	\$35
Computing Studies (CSTW) (IST)	\$40	\$40		
Design & Technology	\$40	\$40	\$35	\$30
Drama	\$15	\$15	\$35	\$35
Food Technology	\$70	\$70	\$35	\$35
Hospitality (VET)			\$95	\$100
Hospitality uniform (to be purchased by Wk 6 Term 1 in Year 11)			\$80-\$100	
Information Processing & Technology			\$50	\$50
Information Technology (VET)			\$60	\$60
All Languages	\$30	\$25	\$35	\$35
Languages - HSC Extension courses				\$30
Music (Course 1 or 2)	\$35	\$35	\$55	\$55
Music Extension HSC				\$45
Open High School - each language			\$74 per year	
Photography 1U			\$75	\$75
Software Design & Development			\$50	\$50
Physical Activities & Sport Studies	\$210 or \$52.50/term	\$210 or \$52.50/term		
Technical Drawing (Graphic Techn)	\$35	\$35		
Textiles & Design	\$30	\$30	\$35	\$40
Visual Arts	\$45	\$45	\$55	\$65
Visual Design 1U			\$45	\$45
Wood Technics	\$55	\$30 + materials for major work		

Phone 9816 4264

Fax 9816 5409

[www.riversideghs.nsw.edu.au](http://www.riversideghs.nsw.edu.au)

# Riverside Currents goes online

## On-line School Newsletter



Riverside Girls' High School

“Riverside Currents” our monthly newsletter contains valuable information for all parents and students including:

- Principals Report
- Faculty and Subject reports and news
- Samples of student work
- P&C News
- Careers News
- Dates to Remember

As a result of parental surveys the P&C and school community has decided to upload “Riverside Currents” to the school website instead of producing a printed copy for each family. This initiative has many advantages including the positive environmental impact and ensuring parents receive a copy of Currents. Printed copies of “Riverside Currents” will be available, so ask your daughter to collect a copy from the front office if you prefer a printed copy.

If you would like the school to inform you each time a new version is uploaded please complete and return this sheet to the front office or visit our website at [www.riversideghs.nsw.edu.au](http://www.riversideghs.nsw.edu.au) and follow the links to register your email address with us.



Please inform me when Currents is uploaded by sending an email to the email address shown below.

I am happy to have this email address added to the P&C data base of email addresses which will enable the P&C to keep me informed of P&C news and events.

Yes  No  (please tick one)

Parent Name \_\_\_\_\_

Student Name and Year \_\_\_\_\_

Email address \_\_\_\_\_

Date \_\_\_\_\_

Parent Signature \_\_\_\_\_

# Riverside Canteen

## Term two 2006

---

### **Sandwiches**

Vegemite	\$1.50
Baked beans	\$2.00
Cheese & tomato	\$2.50
Curried egg	\$2.50
Egg & lettuce	\$2.60
Crispy bacon/avocado	\$3.20
Ham and salad	\$3.40
Cottage cheese/salad	\$3.40
Chicken	\$3.00
Chicken/lettuce mayo	\$3.20
Chicken avocado	\$3.70
Chicken salad	\$3.40
Chicken satay lettuce	\$3.40
Salmon lettuce mayo	\$3.70
Salmon salad	\$3.80
Turkey cranberry	\$4.00
Turkey cheese avocado	\$4.20
Salad	\$3.00
Salad with swiss cheese	\$3.40
Tuna lettuce mayo	\$3.40
Tuna salad	\$3.50
Roast beef salad	\$3.20

Extras add	\$0.50
On rolls or bagels	\$0.50
Toasted add	\$0.40

In addition	
Healthy fillings in wraps	
And Turkish pide	\$3.50

### **Salads**

Fruit salad	\$3.00
Pasta salad	\$2.80
Garden salad	\$2.80
Three bean salad	\$3.00
Tuna or chicken salad	\$4.50
Thai beef or chicken	\$4.50
99% fat free yoghurts	Rrp
Fresh sushi lunchbox (wed/thurs)	\$3.00

### **Fresh fruit**

Seasonal fruit from	\$0.60
---------------------	--------

### **Hot food**

Hot dog	\$2.50
Light meat pies	\$2.50
Light sausage rolls	\$2.00
Meat lasagne	\$3.50
Penne bolognaise	\$3.50
Pizza single	\$2.20
Chicken burger	\$3.50
Beef stir-fry with rice	\$3.50
Chicken & veg. Risotto	\$3.50
Chicken & corn rolls	\$1.70
Roast chicken or beef rolls with gravy	\$3.50

### **Vegetarian selections**

Indian samosas	\$2.20
Veggie burgers	\$3.50
Vegetarian lasagne	\$3.50
Vegetable risotto	\$3.50
Vegetable roll	\$2.50
Spinach and cheese puff	\$2.20
Fresh soup with roll	\$3.50

### **Low fat cakes and slices**

Date and oat slice	\$2.20
Banana bread	\$2.20
Muesli slice	\$2.00
Fruit bun	\$1.20
Low fat muffins	\$2.50

### **Ice creams and ices**

Selection of light ice	
Creams and water ices	Rrp

### **Cold beverages**

Plain milk (300ml)	Rrp
Flavoured	Rrp
Soy drinks	Rrp
Nudie juices	Rrp
Nudie smoothies	Rrp
Orange,apple,pineapple	
Apple & blackcurrant juices	Rrp
Sparkling apple can	Rrp
Spring water (500ml)	Rrp
Light soft drinks	Rrp

# The Uniform Shop

Profits from the Uniform Shop go to the school

---

**Opening Hours** The Uniform Shop is open every week on Thursday before school (8.30 - 9.00am) and at lunch time (1.00pm - 2.00pm) in the Uniform Shop located next to the Staff Common Room.

**Contact:** Jenny Evans at the school office Ph: 9816 4264

Junior School Blouse (White)	\$30.00
Junior Blouse (long sleeve)	\$30.00
Junior Skirt Royal Check	\$50.00
V-Neck Wool/blend jumper with logo	\$55.00
V-Neck Wool/blend vest	\$35.00
Trousers navy (2 pocket stretch bootcut)	\$45.00
Trousers navy (non stretch bootcut)	\$45.00
Senior Blouse (blue) (Yrs 11 & 12)	\$30.00
Senior Blouse (long sleeve)	\$30.00
Senior Skirt Navy	\$35.00
Scarf	\$10.00
Beret with school logo	\$25.00

**Sale Items:** Junior Blouse ("Taleb") (size 10 & 20) \$20.00

**Payments:** Cash, cheque or credit card are accepted  
Cheques should be made payable to Riverside Girls High School

**Exchanges & returns** Please encourage your daughters to try on samples before purchase.  
Goods will only be exchanged *if they have not been worn.*  
If items need to be exchanged, please return them in their original packaging with the docket.

## The Uniform Shop News

- V neck vests are now available - \$25.00 each.
- Berets with logo (one size fits all) are now available - \$25.00 each
- Scarves are available in navy blue and sky blue - \$10.00 each