

RIVERSIDE CURRENTS

Riverside Girls High School Parent & Community Newsletter

July 2007

Calendar Dates

Term 3

July

Monday 16	Teachers only Day 1 Term 3
Tuesday 17	First day of term for all students
Wednesday 18	Years 8 & 9 Parent/Teacher evening, 4.00-7.30pm, School Hall
Monday 23	Year 11 exams begin Year 9 Ski Camp begins
Tuesday 24	Maths Competition, periods 2 & 3
Friday 27	Year 9 Ski Camp ends

August

Wednesday 1	Area Athletics Carnival
Friday 3	Jeans for Genes Day Year 11 Exams finish
Tuesday 7	Year 10 into 11 2008 evening 7.30pm
Wednesday 8	SRC Elections P & C meeting, 7.30pm
Monday 13	Completion date & submission, HSC Textiles practical projects HSC Languages speaking exams begin this week
Monday 20	Completion & submission date, HSC Drama projects
Tues 21	Extension 2 English projects for H.S.C. due
Friday 24	D. and T., Visual Arts H.S.C. major works due

Principal's Report

1. Mail out to parents

We recently posted some information to all parents about our student welfare programs. We are particularly worried about cyber bullying and unacceptable comments and photos (especially

photos taken at school) posted on the internet by students.

We welcome responses from parents about any aspects of the mail out. We have received a few already but not many. We welcome comments by email, fax or letter.

We are organising an information evening for parents of Years 7 and 8 students in term 3 on cyber bullying and the dangers of cyber space for impressionable young adolescents. You will receive details early in term 3.

2. Half Yearly Reports Years 7 - 10

All students in Years 7, 8, 9 and 10 will have received their half yearly report by the end of term 2. We hope to see lots of Years 8 and 9 parents at the Parent and Teacher night for these 2 years on Wednesday 18 July, 4 pm – 7.30 pm. Some students do not give their reports to parents so it is essential that parents contact the school if the report is "lost" or "missing". We did post a few reports of students who have not made good progress in Semester I. We need to do follow up interviews for those students who are not coping with course requirements. Year 12 students will receive their Trial HSC reports, their final from high school, in Weeks 3 / 4 of Term 3.

3. B.A.T.H. Day

The poor weather did not prevent us from enjoying Better Attitudes to Health Day on Friday 15 June. Mr Teece did a great job organising the program of speakers and activities. In the first Currents of Term 3 we will print some comments from the student evaluations.

It is a very important day in the school calendar. The topics covered are vital to the safety and well being of students, including setting goals and strategies for achieving them, drinking and alcohol abuse and drink spiking, eating disorders and body image, safe driving and safe behaviours.

4. Year 10 into 11 Evening

We hope to see all Year 10 parents for all Year 10 students who are returning to Riverside for Year 11 in 2008. You will receive specific information sheets about the evening early in Term 3. The information evening will be held on **Tuesday 7 August at 7.30 pm** in the school hall. The evening will outline all relevant information on the

HSC and University and TAFE entry in 2010. It will finish around 9.45 pm.

5. **Trial H.S.C.**

We will do our best to follow up on any issues revealed by Trial HSC results for Year 12. It is essential that not all students apply for a UAI. Only those going to University need a U.A.I., all others do not. We will contact parents if they need to be involved in any follow-up discussions in the last term of Year 12 courses (and this is Term 3, 2007). The girls are generally quite realistic about what is possible and what they need to do.

The H.S.C. begins on Thursday 18 October, in Week 1 Term 4, however, a great deal of H.S.C. activity happens in Term 3, including the submission of all major works for Textiles and Design, Visual Arts, Design and Technology, Extension 2 English, History Extension, as well as H.S.C. performances for Music and Drama and listening/oral exams in all Language courses. It is a very busy term for Year 12 because all courses also have one final assessment task for the H.S.C. in term 3.

6. **Water Tanks**

Thanks to the excellent work of Mr Lovegrove in the Science faculty, we now have two water tanks as part of our environmental education project for 2007/2008. From term 3, all the water in the girl's toilets will come from one of the tanks. The P. & C. has also been involved in the environmental policy through their grounds subcommittee and working bees. We welcome parental involvement in any aspect of managing our difficult school site, especially in the areas of:

- (1) water conservation and harvesting
- (2) tree control (especially after severe storms and bad weather)
- (3) regeneration of very dry lawn areas (including the oval)
- (4) maintenance of gardens, especially near the school entrance
- (5) control of soil erosion, weeds
- (6) mulching and fertilising eroded areas

If any parents have any expertise in any of these areas we would appreciate your advice. Contact P & C. President, Cheryl Osborne 9878 3028.

7. **Notes Explaining Absences**

This seems to be a difficult area for some students. Parents write notes and then they float around in a student's bag for weeks. Sometimes parents are very busy and forget to write the notes. We have discovered a few forged notes recently and parents knew nothing about the truancy the forged notes were concealing. Government regulations are very specific. All school absences must be explained by parents or caregivers. We rely heavily on the co-operation of

parents in this most important area of whole school management – the accountability for student attendance.

J. King
Principal

P & C Report

Contributions Reminder

Each year the P&C requests payment of a levy to assist in providing our girls with additional educational resources and to assist with maintaining and improving the school facilities.

The P&C levy is made up of:

- \$50 Library Levy per student that is used to purchase/update books and magazines, maintain hardware, book covering and repairs, etc
- \$40 Special Projects Levy per family that supplements funds for BATH day, text books, Student Assistance Scheme, student diaries, equipment, etc
- \$20 Grounds Levy per family that assists with costs associated with the maintenance and revitalization of the school grounds

To maintain and improve Riverside Girls HS, the school needs your P&C Contribution. If you haven't as yet paid your contribution for 2007, then we encourage you to do so, so that all students can benefit from a well equipped and maintained school.

Cheryl Osborne ph 9878 3028
President

Sport

Volleyball Report

Our year started with a trip to Terrigal High on 8 March. Prior to this match we had only trained once – and it showed. We got away to a slow start; Terrigal had a 4 – 1 lead. But then Hannah Vousden began her service. Hannah produced six well placed serves, which took us to the lead. Then came the power-house serves of our '07 Captain, Cindy Edwards. Following Cindy's service we led 20-8.

In the second and third sets all players had a lot of court time. Our new squad members, Brittany Spackman and Jade Foley started nervously, but soon got into the swing of things. Our 'old hands' started to find their '06 form and soon we had wrapped it up 3-0 (25-9, 25-13, 25-13).

Our next game was 2 months down the track. Unfortunately, we lost Kate Butler Howell going into this game. Kate is out for the season with a fractured leg which puts a big dent in our squad. We still went into this game as favourites and played very strongly. The highlight of this match was the network of Hannah. Again we saw, on a few occasions the soccer skills of Katarina Kraft. Nina Blundell 'fired' the team up with her 'chat'. Both Cindy and Kay Edwards displayed their exceptional skills. The team welcomed Adela Vukovic into the squad. Adela was very nervous during her court time, but played strongly. We finished the match with a 3-0 win (25-7, 25-10, 25-15).

The regional quarter final was against Wyong High. Finally we had a home game, but unfortunately we weren't at our best. Quite a few team members had been very busy with other sporting commitments and they appeared very tired. We did manage a 3-0 win, but needed to improve in the next game if we were to be victorious.

Because other schools had been slow in getting their matches played, the draw was behind schedule. We were told on 3 May, that we had to play the regional semi-final against Wadalba Community College that week and we had to travel. This put a huge strain on the team. With such short notice, three team members had to withdraw because they already had commitments. So going into this game we had lost Hannah, Jade and Brittany. At the last minute, Jacqui Osborne was asked to join the squad. So on 8 June, in the wildest weather the Sydney/Central Coast area had seen in 30 years, we headed up to the Central Coast, yet again. The girls started the game knowing they were probably the 'under - dogs' and to come away victorious, they would have to really lift. Jacqui took the court for the start of the game and looked like she had been with us all year. The entire team, led really well by Cindy, played a terrific game and had another 3-0 win (25-19, 25-10, 25-10).

The girls have now qualified for the Final 16 of the State at Homebush for the third year in succession.

Team members: Cindy Edwards (captain); Nina Blundell, Jade Foley, Sally Johnson, Katarina Kraft, Hannah Vousden, Kay Edwards, Jacqui Osborne, Adela Vukovic, Kate Butler-Howell.

Merryn McCauley (PDHPE Department)

Open Knockout Hockey – Round 2

Riverside Girls High lost to Cheltenham Girls High 5 - 0

The team consisted of:

Nina Blundell, Emily Colechin, Noelani Daniel, Bella Doran Jones, Niamh Friel, Kristen Hansen, Rhiannon Hill, Riana King, Katarina Kraft, Lucy Pritchard, Matilda Simpson, Eliza Simpson, Elly Weston, Hanna Whiteman

Match Report

After receiving a forfeit from Pennant Hills High in Round 1, we met a very experienced Cheltenham team (with several state players) in Round 2. The girls were very keen and enthusiastic having trained once a week at lunch for several months. Early in the game Cheltenham had most of the attack, but our fearless goalie Nina pulled off many great saves, however they did manage to score 4 goals. In the second half we fared much better only conceding 1 goal, and attacking in their half more often as confidence increased.

Coach: -Hannah Thorley (Parent)

Manager: Mrs Palmer

Open Knockout Netball

Round 1

Riverside defeated Marsden High 31 – 5

The team consisted of:

Moya Johansson, Tara Chilcott, Stephanie Lynam, Chantel Zappia, Katrina Colsell, Teagan Farlow, Rebecca Liang, Rhiannon Davies, Beth Chilcott, Jessica Edkins, Emily Higgins

Match Report

It was a convincing win with great team spirit.

Round 2

Riverside GHS defeated Gorokon High 34-20

The team consisted of:

Moya Johansson, Tara Chilcott, Stephanie Lynam, Chantel Zappia, Katrina Colsell, Teagan Farlow, Rhiannon Davies, Rebecca Liang
Umpire: Emily Higgins

Match Report

It was a long trip up the coast, but it was worth it! The team played really well and once again demonstrated great sportsmanship and team spirit.

Round 3

Riverside lost to North Lakes High 39-20

The team consisted of:

Moya Johansson, Tara Chilcott, Beth Chilcott, Stephanie Lynam, Chantel Zappia, Teagan Farlow, Rhiannon Davies, Katrina Colsell, Rebecca Liang
Umpire: Emily Higgins

Match Report

A convincing win by North Lakes High.

Coach: Melissa Laundry

North West Business Education Network

Michael McQueen from NEXGEN Impact will be guest speaker at a forum for employers, parents and educators to be held at the Next Generation Club this month. The topic will be *How to engage with the Y Generation*. Food, drinks and advice from a social worker and expert on the Y Generation will be part of the evening. The event will be held on **Monday 23 July** from **6.00pm** when refreshments will be served followed by the forum from **6.30 – 8.00pm** at the **Next Generation Club, 504a Victoria Road, Ryde** (behind the Ryde Aquatic Centre). For further information contact Suzanne at Suzanne.atteridge@det.nsw.edu.au or phone **9476 1915** or **0419 194 637**

Can You Help?

Would you like to give a bit of your time to brighten up the lives of some people? Gladesville Community Aid's Volunteer Visiting Program is urgently looking for a few volunteers who would be able to help to visit people in their homes and who are isolated and lonely. If you can spare an hour or so a week or a fortnight please call **Magdalene on 9817 0101**.

Training and support will be provided and all information about volunteers and clients are kept private and confidential.

Your volunteering makes a lot of difference to yourself and to others!

Dental Services

Should any students need access to the Dental Health Services Clinic for assessment or treatment; their parents need to call the Northern Sydney Dental Call Centre. It is important that your child has regular dental check-ups from either your private dentist or the local child dental clinic. If you wish to attend a local dental clinic please phone the Call Centre on **1300 789 404**.

You will be required to provide your Medicare number and answer some questions about your child that will enable us to provide them with the most appropriate care.

Gladesville Guides

Are you looking for something different for your daughter that is not competitive? How about Guiding? Guiding is fun and provides memories that will last a lifetime. Our aim is to encourage girls to have a go, to enjoy and challenge themselves. We use a wide variety of activities that prepare girls for the future. At our meetings we assist the girls to choose activities they want to do and plan them so the philosophy and fundamentals of Guiding are met.

The philosophy of Guiding encourages girls to grow into self reliant, organised, cooperative and warm individuals. Please feel free to come and visit the Hall to see the different units in action.

Brownie Guides aged 7-9 years meet on Thursdays between 6.30-8.00 pm.

Guides aged 10-14 years meet on Tuesdays between 7.00-9.00 pm.

Ranger Guides aged 14-18 years meet on Wednesdays between 7.00-9.00 pm.

Gladesville Scout Hall
Corner of Ryde and Westminster Roads,
Gladesville

Contact **Belinda Edwards** on **0412 251 802**

Keeping in Touch

Macquarie University's Experience Program gives students from Partner Schools the opportunity to attend a lecture in an area of interest. This program is for students in Years 11 and 12. Bookings are essential. Please visit www.schoolpartners.mq.edu.au and click on the University Experience Program link to view the lectures available and download the booking and evaluation forms.

A parent information evening will be held on 25 July where speakers will address the issues of the UAI and how to manage stress in the HSC. The other evenings will be held on 19 September and 5 December 2007. Each evening will have a different focus thus participants may wish to attend more than one evening in the series. Please visit www.futurestudent.mq.edu.au for more information and to register your attendance. Bookings are essential. Refreshments will be provided at the conclusion of the evening.

HSC enrichment programs will be offered for the following subjects:

- English Saturday 14 July
- Physics Tuesday 10 July &/or
 Wednesday 11 July
- Chemistry Thursday 12 July &/or
 Friday 13 July

Family Relationship Services

Centacare Sydney offers a range of community services such as family counselling, post-separation services and men's services. A number of workshops are held during the year as a support to parents who are struggling with the impact of separation and divorce on themselves and their children. The sessions vary from one hour to three hours and are held at several venues in the City, Bankstown, Fairfield,

Liverpool, Cabramatta West and Sutherland. If you require more information:

Phone (02) 9390 5369
Fax (02) 9390 5394
Website www.familyrelationships.org

Host Families Needed

Join the wonderful world of international exchange by hosting an enthusiastic teenager for a few months.

Make a friend and memories that will last a lifetime. **Southern Cross Cultural Exchange** needs warm hearted families NOW for students arriving in July. Students are from Italy, Germany, Scandinavia and Brazil. They become a part of your family including doing chores and joining in the fun! Hosting is voluntary, students bring their own spending money.

For more information phone:

1800 500 501

Young Life Australia

Young life Australia is a not-for-profit organisation passionate about connecting with young people, helping them be and achieve all that God intended. For over three decades, our volunteers have been providing strong, positive influences in the lives of thousands of teenagers each year, through meeting them in schools, providing weekly activities and taking them on seasonal camps.

In a series of talks, "Conversations on Parenting, renowned family psychologist, Colleen Hirst will discuss many of the issues facing parents and teens today. These workshops will aim to build a sense of competence and confidence understanding family life stage development through two weeks of conversations.

The workshops will be held at

**Ryde Anglican Centre
Church Street, Top Ryde**
(between Victoria Rd. and Gowrie St.)
on

**1 and 18 August, 2007
7.00 – 9.00 pm**

The cost for the evenings is \$40 per person or \$60 per couple and will include supper. For further details phone 1300 557 647 or fax 02 9877 5155 or Email: office@younglife.org.au
Or web: www.younglife.org.au

Eve Vonwiller Youth Art Awards

Centrehouse Community Arts and Leisure Centre at Lane Cove are again running the Eve Vonwiller Art Awards. These awards are aimed at encouraging and supporting creative young people on the North Shore. Centrehouse is a non-profit organisation and all the prizes are donated by Eckersley's Art Supplies. This year an additional prize of a \$100 Eckersley's voucher for the winner of the teenage category will be added to the prize pack of art materials. Artworks can be submitted in the form of painting, drawing, printmaking, photography or sculpture on the theme:

Environmentally Friendly

Entries close on 3 September 2007. There is a \$5 entry fee. If you are interested, see the visual arts Head teacher for an entry form.

Doodle 4 Google – My Australia

Google Australia is inviting Australian children to enter a competition to design a home page logo that celebrates the birthday of someone famous or to mark a significant historical anniversary or day such as Australia Day.

They are looking for the doodle that best represents Australia and what it means to be Australian. The competition is open to students from Years 1 to 10. An expert panel will select finalists from each state and territory and will display the top 32 doodles online and invite the public to vote for their favourites. Finalists will win prizes for themselves and their schools, and the winning design will take pride of place on the Google Australia home page on Australia Day 2008.

All the key dates and resources will be sent to the school for the start of Term 3. See the teachers in the visual arts department for further information or go to

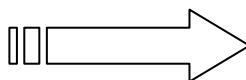
www.google.com.au/doode4google.

General & Elective Subject Contributions 2007



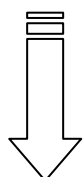
Riverside Girls High School

General Contributions



Year 7	\$285
Year 8	\$260
Year 9	\$150
Year 10	\$150
Year 11	\$195
Year 12	\$195

Electives



	Year 9	Year 10	Year 11	Year 12
Ceramics 1U			\$50	\$45
Computing Applications			\$35	\$35
Computing Studies (CSTW) (IST)	\$40	\$40		
Design & Technology	\$40	\$40	\$35	\$30
Drama	\$15	\$15	\$35	\$35
Food Technology	\$70	\$70	\$35	\$35
Hospitality (VET)			\$100	\$100
Hospitality uniform (to be purchased by Wk 6 Term 1 in Year 11)			\$80-\$100	
Information Processing & Technology			\$50	\$50
Information Technology (VET)			\$60	\$60
All Languages	\$30	\$25	\$35	\$35
Languages - HSC Extension courses				\$30
Music (Course 1 or 2)	\$35	\$35	\$55	\$55
Music Extension HSC				\$45
Open High School - each language			\$74 per year	
Photography 1U			\$75	\$80
Software Design & Development			\$50	\$50
Physical Activities & Sport Studies	\$210 or \$52.50/term	\$210 or \$52.50/term		
Technical Drawing (Graphic Techn)	\$35	\$35		
Textiles & Design	\$30	\$30	\$35	\$40
Visual Arts	\$45	\$50	\$60	\$65
Visual Design 1U			\$45	\$45
Wood Technics	\$55	\$30 + materials for major work		

Phone 9816 4264

Fax 9816 5409

www.riversideghs.nsw.edu.au

Riverside Currents goes online

On-line School Newsletter



Riverside Girls' High School

“Riverside Currents” our monthly newsletter contains valuable information for all parents and students including:

- Principals Report
- Faculty and Subject reports and news
- Samples of student work
- P&C News
- Careers News
- Dates to Remember

As a result of parental surveys the P&C and school community has uploaded “Riverside Currents” to the school website instead of producing a printed copy for each family. This initiative has many advantages including the positive environmental impact and ensuring parents receive a copy of Currents. Printed copies of “Riverside Currents” will be available, so ask your daughter to collect a copy from the front office if you prefer a printed copy. The printed edition has a photographic supplement.

If you would like the school to inform you each time a new version is uploaded please complete and return this sheet to the front office or visit our website at www.riversideghs.nsw.edu.au and follow the links to register your email address with us.



Please inform me when Currents is uploaded by sending an email to the email address shown below.

I am happy to have this email address added to the P&C data base of email addresses which will enable the P&C to keep me informed of P&C news and events.

Yes No (please tick one)

Parent Name _____

Student Name and Year _____

Email address _____

Date _____

Parent Signature _____

Riverside Canteen

Term Two 2007

Sandwiches

Vegemite	\$1.50
Baked beans	\$2.00
Cheese & tomato	\$2.50
Curried egg	\$2.50
Egg & lettuce	\$2.60
Crispy bacon/avocado	\$3.20
Ham and salad	\$3.40
Cottage cheese/salad	\$3.40
Chicken	\$3.00
Chicken/lettuce mayo	\$3.20
Chicken avocado	\$3.70
Chicken salad	\$3.40
Chicken satay lettuce	\$3.40
Salmon lettuce mayo	\$3.70
Salmon salad	\$3.80
Turkey cranberry	\$4.00
Turkey cheese avocado	\$4.20
Salad	\$3.00
Salad with swiss cheese	\$3.40
Tuna lettuce mayo	\$3.40
Tuna salad	\$3.50
Roast beef salad	\$3.20

Extras add	\$0.50
On rolls or bagels	\$0.50
Toasted add	\$0.40

In addition	
Healthy fillings in wraps	
And Turkish pide or	\$3.50
Make up your own selection	\$3.90

Salads

Fruit salad	\$3.00
Pasta salad	\$2.80
Garden salad	\$2.80
Tuna or chicken salad	\$4.50
Thai beef or chicken	\$4.50
99% fat free yoghurts	Rrp
Fresh sushi lunchbox (wed/thurs)	\$3.00

Fresh fruit

Seasonal fruit from	\$0.60
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Hot food

Hot dog	\$2.50
Light meat pies	\$2.50
Light sausage rolls	\$2.00
Meat lasagne	\$3.50
Penne bolognaise	\$3.50
Pizza single	\$2.20
Chicken burger	\$3.50
Beef stir-fry with rice	\$3.50
Chicken & veg. Risotto	\$3.50
Chicken & corn rolls	\$1.80
Roast chicken or beef rolls with gravy	\$3.50
Pizza Rounda	\$2.00

Vegetarian selections

Indian samosas	\$2.20
Vegie burgers	\$3.50
Vegetarian lasagne	\$3.50
Vegetable risotto	\$3.50
Vegetable roll	\$2.50
Spinach and cheese puff	\$2.20
Fresh soup with roll (Winter only)	\$3.50

Low fat cakes and slices

Date and oat slice	\$2.20
Banana bread	\$2.20
Muesli slice	\$2.00
Fruit bun	\$1.20
Low fat muffins	\$2.50

Ice creams and ices

Selection of light ice	
Creams and water ices	Rrp

Cold beverages

Plain milk (300ml)	Rrp
Flavoured Milk	Rrp
Soy drinks	Rrp
Nudie juices	Rrp
Nudie smoothies	Rrp
Orange,apple,pineapple	
Apple & blackcurrant juices	Rrp
Spring water (500ml)	Rrp
Light soft drinks	Rrp

The Uniform Shop

Profits from the Uniform Shop go to the school

Opening Hours The Uniform Shop is open every week on Thursday before school (8.30 - 9.00am), 2nd Recess (11.45 – 12.05) and at lunch time (1.00pm - 2.00pm) in the Uniform Shop located next to the Staff Common Room.

Contact: Jenny Evans at the school office Ph: 9816 4264

Junior School Blouse (White)	\$25.00
Junior Blouse (long sleeve)	\$30.00
Junior Skirt Royal Check	\$55.00
V-Neck Wool/blend jumper with logo	\$55.00
V-Neck Wool/blend vest	\$35.00
Trousers navy (2 pocket stretch bootcut)	\$45.00
Trousers navy (non stretch bootcut)	\$45.00
Senior Blouse (blue) (Yrs 11 & 12)	\$25.00
Senior Blouse (long sleeve)	\$30.00
Senior Skirt Navy	\$30.00
Scarf	\$10.00
Beret with school logo	\$25.00

Payments: Cash, cheque or credit card are accepted
Cheques should be made payable to Riverside Girls High School

Exchanges & returns Please encourage your daughters to try on samples before purchase.
Goods will only be exchanged *if they have not been worn*
If items need to be exchanged, please return them in their original packaging with the docket.

Please remember to pay at the office before you collect your item/s from the shop.