

RIVERSIDE CURRENTS

Riverside Girls High School Parent & Community Newsletter

February 2006

Calendar Dates Term 1

March

- Tuesday 7 School Photography Day
- Wednesday 8 P & C Meeting 7.30 pm in the Common Room
- International Women's Day Assembly
- Zone Swimming Carnival
- Wednesday 15 P & C Welcome Luncheon for Year 7 Parents & Teachers, 1.00-2.00 pm in Common Room
- Friday 17 School Cross Country Carnival
- Thursday 23 Area Swimming Carnival
- Thursday 30 Open Day, 2.00-6.00 pm

April

- Tuesday 4 Year 7 & 12 Parent Teacher Evening 4pm – 7.30 pm
- Australian Schools Computing Competition
- Thursday 6 CHS Swimming Carnival
- Thursday 13 Last Day of Term 1

Term 2 teachers return on Monday 1 May

Students return on Tuesday 2 May

It will be Week B

Principals Report

H.S.C. Results 2005

We were thrilled with the terrific HSC results achieved by the Year 12 class of 2005. At the assembly last week, 20 of the 112 girls eligible for a UAI received high achievers medallions for scoring a UAI over 90. Chris Xie received the gold dux medallion for her UAI of 99.65. She will be studying Economics Law at Sydney Uni this year. Chris received a Premiers Award as a distinguished achiever at an impressive ceremony at Darling Harbour on the 13th February. Two other girls also received Premier's Awards for achieving band 6 (over 90%) in at least 10 units. Chris gained over 90% in 12 units, Melanie

Garrick (UAI 97.65) in 12 units and Katie Cozens (UAI 98.20) in 11 units

There were 69 mentions in the merit lists for band 6 (over 90%) and E4 (over 45 out of 50) for Extension courses. Riverside also had 263 band 5 results (80 – 89%) from the 145 students who were studying the full time or part time H.S.C.

13 of our HSC candidates were overseas students. They continue to astonish us with their rapid progress in Years 10, 11 and 12 in Australia, particularly in ESL English.

We need to ensure that as many girls as possible from those seeking University entrance score a UAI over 80.00 because the entrance scores for most university courses are over 80.00.

Open Day 30th March 2pm – 6 pm

We hope to see lots of visitors on Open Day later in term 1. We will be sending information to lots of primary schools hoping girls in Years 5 and 6 will be keen to visit us on Open Day.

The official welcome will be held in the school hall at 3 pm. We will be advertising in the local papers in the next couple of weeks.

Enrolments 2006

We have 1054 students enrolled this year with 210 (7 classes of 30) in Year 7. This is the second year in a row we have enrolled seven classes in Year 7.) This means our site is crowded but it also means that we are able to retain all our teachers and offer a very wide and comprehensive curriculum. We have a few places left in Years 9, 10 and 11 but it depends on subject choices because several classes (as opposed to whole years) are full.

New teachers

We are very pleased that a number of new teachers have joined us this year, including two new Head Teachers. Ms Rose Daniels is the new H.T. Teaching and Learning. Ms Lisa Wark is the new H.T. TAS (including Years 7 and 8 ICT). Mr Tony Hogan has joined the Maths faculty, Ms Jacqui Thompson has joined the TAS faculty and Ms Sarah Antunes will teach Spanish and French in the LOTE faculty.

Several other new casual teachers have also joined us, Mr Matthew Green (Music), Ms Amanda Williams (TAS), Ms Hayley Hummerford and Ms Daniella Monardo (Social Science), Ms Kirsten Duncombe (Visual Arts), and Ms Reoch (ESL and English).

Later in term 1 we will be sending home a printed newsletter with photos of all new teachers. It is too difficult to load photos into the online monthly newsletters so we will do a special edition photo supplement to cover new teachers, the swimming carnival, the Duke of Edinburgh Scheme participants, the HSC high achievers and the new Year 7 students.

P. & C. Meeting 8 March 7.30 pm

All parents are invited to the next P. & C. meeting at 7.30 pm on the 8th March. The Maths H.T., Mr Sam Saad will be available to answer questions about the Years 7-12 Maths curriculum. Attending P. & C. meetings is a good way to keep up to date with what is happening in the school. The P. & C. is very keen to welcome new Year 7 parents. We need several parents to be part of the Open Day Organisation at various times from 12.30pm to 6 pm. The parents have an information table and organise the barbecue and refreshments including the gelato machine.

P. & C. Welcome lunch, Wednesday 15th March 1pm – 2pm

All new parents, Years 7-12 are very welcome to attend the P. & C. lunch on the 15th March at 1 pm in the school common room (across the quad, behind the Administration block).

Doing well at School

You will find enclosed in this newsletter a short article entitled "Doing well at school". It has been issued by the Secondary Principals Council as part of its campaign to seek funding justice for public schools and to make publicly funded private schools accountable for their significant amounts of public funding. It is an ongoing struggle but we must continue to demonstrate to politicians that the funding received by public schools is simply not adequate to cover large maintenance bills and the upgrading of facilities and the learning support necessary for all students with special needs.

It is a difficult situation for the 460 secondary public schools across NSW. We are accused by the Prime Minister of indulging in the "politics of envy" if we point out the excessive funding received by private schools. We are portrayed as "second rate" victims on talk back radio, current affairs TV shows and in the tabloid press if we complain about run down, sadly neglected and shabby facilities.

We need the support of all thinking Australian citizens to ensure that our nation has a

sustainable, quality public education system for generations to come.

School Uniform

Riverside is a uniform school. We need the full support of parents to ensure that students wear the school uniform. Some girls wear excessive makeup and very large hoop/dangly earrings and we ask you to be vigilant about this. Excessive makeup and large earrings are not part of the school uniform and certainly look out of place with the uniform. The senior girls have asked if they can wear navy socks as well as white socks and we are happy to allow the alternative. Juniors in Years 7-10 should continue to wear white socks with the junior skirt. Navy socks do not match the royal blue junior skirt but they may be worn with the navy trousers.

Allergies

It is essential that we have details regarding any allergies. We recently sent home an allergy survey form asking parents to indicate details of any allergies. A nil return was requested if there were no allergies to record. If your daughter has an allergy in the serious/dangerous category, it is essential that we have the relevant medical contact details for any emergency situation.

ArtExpress

In the 2005 HSC, there were 8,551 candidates in Visual Arts. The best of the artworks are on display at the NSW Art Gallery until 9th April 2006. One of the 57 works exhibited at the Art Gallery is by Peggy Lau from our Year 12.

Another 70 HSC works will be exhibited at the Olympic Park Authority, Homebush from 7th March to 30th April. A total of 295 art works have been chosen for exhibition across N.S.W.

When NSW Year 12 artworks were recently displayed in New York, several New Yorkers expressed amazement that the works were completed by students still at school. The educated New Yorkers recognised the outstanding quality of the HSC art works from NSW.

School Fees

Thank you to all the families who have been able to pay all or part of the school fees this year. We do rely heavily on your financial support especially in the elective areas of the curriculum Years 9-12 where materials need to be replaced regularly e.g. Visual Arts, Hospitality, Food Technology, Photography and Design and Technology.

You will find a 2006 fees schedule on page 8. If there are any problems please don't hesitate to send a note or email to Ms King so an exemption can be recorded.

Families are welcome to pay the fees term by term if this is easier to manage this way. We do appreciate that the fees are voluntary. We have kept the fees stable over the last few years. We consider them to be very reasonable considering the educational programs and resources they fund.

I am pleased to advise that Riverside GHS has had two flagpoles installed in the quadrangle to allow the flying of the Australian flag and the Aboriginal Flag. This is an Australian Government initiative and was funded by the Department of Education, Science and Training.

Judy King
Principal

P&C Report

Parents wishing to subscribe to the P&C email can complete the form attached – subscribing to the Riverside Currents (monthly newsletter) online and the P&C email list - and return it to the front office or send an email requesting inclusion to keva7127@bigpond.net.au

P&C welcome to Riverside luncheon for new parents

The P&C would like to invite parents of all new students, including year 7 to a luncheon to welcome you to the school. Wednesday 15 March, 1-2pm in the Common Room. The common room access is from the quad behind the admin block.

2006 P&C Meetings

The P&C welcomes all parents to P&C meetings throughout 2006. Meetings are held at 7.30pm on the second Wednesday of each month in the staff Common Room. One of the schools Head Teachers attends each meeting so parents can ask questions about different aspects of the curriculum and school program.

Wednesday 8 February	HT PDHPE Sport
Wednesday 8 March	HT Mathematics
Wednesday 12 April	HT TAS
Wednesday 10 May	HT English
Wednesday 14 June	HT Science
Wednesday 9 August	HT History
Wednesday 13 September	HT VA / Music
Wednesday 8 November	HT Teaching and Learning Annual General Meeting

Technology @ Riverside

The NSW Department of Education and Training is committed to providing a secure e-Learning environment. This year all students will be provided with an e-Learning account (DET user ID and password) to access Internet facilities at school including filtered browsing and email. In using these e-Learning accounts, students are required to abide by the schools "Student Access to the Internet" policy. This policy addresses issues including the safety and privacy of students, staff and other Internet users, and establishes an Internet code of behaviour. All parents will receive a letter from the school regarding the issuing of e-Learning accounts to students. If you do not agree to your child having an e-Learning account you must notify the school in writing immediately. If you would like further information about your child's access to the Internet facilities at school, please contact Ms P. O'Neill, deputy principal on 9816 4264 or by email poneill@riversideghs.nsw.edu.au.

G'day USA Tour

On Wednesday January 4, forty one students from NSW, including myself and our teacher, Ms Bean boarded our plane headed to San Francisco in the USA. Our group of ten was christened the LIME group and included eight students from Gosford High. We bonded quickly during the flight and got on well with each other. We arrived at San Francisco Airport at 11.00 am and spent the following three days going on tours to such places as Alcatraz Prison and the Golden Gate Bridge. On Friday evening, we said goodbye to San Francisco and hello to the city of Seattle in Washington. Here is where we would spend the next eleven days with our "host" family and have the *real* American experience.

We spent the first weekend getting to know our family's and during the week, when our host brother/sister was at school, we met up with the LIME group once more and spent time touring Seattle and doing a lot of fun things like visiting the Space Needle, EMP and, because it was winter, we had the chance to go skiing!!! The last Friday was spent at our host's school experiencing an American high school. It was very interesting; just like in the movies.

Many of us became very attached to our family and it was hard to say farewell, however we soon overcame any sadness we may have felt as we boarded the plane to the city of Los Angeles. We spent the next five days at Knott's Berry Farm, Disneyland, Universal Studios, Hollywood and even a very interesting day trip to Tijuana, Mexico. By the last day of our trip we were ready to come home. Although the trip was unforgettable I think most of us couldn't wait to get home and sleep in our own beds.

I thoroughly recommend any form of exchange program to the students of Riverside. It was an experience I will never forget and I have formed great friendships with the people I met in America.

Ellie Larrarte – Year 11

Swimming Carnival 2006

The 2006 swimming carnival was the major organised first event conducted under the new cumulative house point system. Under the new system all house points awarded at carnivals and sporting events will contribute to an annual house tally. The beautiful weather and the incentive of house points saw massive participation across all age groups and swimming disciplines.

Amidst the fierce competition there were two records broken. Orlanda Sexton succeeded in beating her previous best time in the 50m butterfly (2005) and McKenzie beat their 2005 6 x50m freestyle relay record.

The competition between houses was close, with Mallinson (463 points) eventually emerging victorious over their rivals followed closely by McKenzie, Coen and O'Harris respectively. Mallinson was awarded first prize for house cheer and McKenzie was honoured with best house mascot.

The age champions were:

Krystle-Jayne Ng	12 Years	Mallinson
Sakura Kagaya	13 years	McKenzie
Rachel Horton	14 years	McKenzie
Holly Browne	15 years	Coen
Lauren Fairly	16 years	McKenzie
Orlanda Sexton	17 years	O'Harris

Congratulations to all girls who participated for contributing to an excellent 2006 swimming carnival.

J. Dunne (Carnival Organiser)

Dental Services

Should any students need access to the Dental Health Services Clinic for assessment or treatment, their parents need to call the Northern Sydney Dental Call Centre on **887 75288**.

Volunteer Literacy & English Tutors

Meadowbank College of TAFE is seeking volunteers to participate in a free program as Literacy and English Tutors. The free training sessions are due to start at Meadowbank College of TAFE to prepare adults to become volunteer reading/writing and English tutors to other adults from both English and non-English speaking

backgrounds. The next session will begin early April or shortly after the Easter school holidays.

For more information or to register your interest, please ring Sue or Deborah on: 9942 3572

Youth Week 2006

National Youth Week is the largest, single celebration of young people on the Australian calendar. Youth Week has been a part of the NSW calendar since 1989 and provides a tool for young people aged 12-25 to get actively involved in highlighting and promoting youth talent.

Youth Week 2006 will be celebrated between 1 to 9 April 2006. The City of Ryde has programmed a Battle of the Bands Competition and a Photography Competition. If you perform in a rock band and attend a secondary school in the Ryde area you can collect an entry form from the Music department. Entry to the competition is free and spectators are encouraged to attend the event at Holy Cross College Ryde on Thursday 6 April between 4.30pm – 7.30pm

The Photography competition is open to young people 16-25 years who reside in the Ryde area. Entries close March 17. For further information or entry forms call 9952 8313 or visit www.ryde.nsw.gov.au. Selected photos will be exhibited as part of National Youth Week.

Teen Yoga

Sundays 5.30 – 6.30pm

- de-stress
- be strong and flexible
- find your inner balance
- & have fun!

Beginners welcome
\$60 for 6 week course Term 1

Balmain Yoga Studio

Cnr Phillip & Spring St, Balmain

Ph 9810 4510

Microsoft Software for Students

Microsoft is offering student software direct at attractive, heavily discounted prices. See the school website for more information. www.riversideghs.nsw.edu.au the information you require is in the scrolling section on the front page.

Free Graduated Licensing Scheme Workshops

Young drivers are three times more likely to be involved in casualty crashes. That's why the RTA has introduced the licensing scheme, with more supervised driving practice for learner drivers.

To help parents in supervising learner drivers, the RTA and the City of Ryde has set up a FREE 2 hour workshop for parents that offer practical advice on how to help learner drivers become safer drivers.

The City of Ryde will be conducting a FREE parents' workshop on Monday 6 March 2006 at The Civic Centre, Devlin St, Ryde from 6.30 pm – 8.30 pm.

Early bookings are essential, so phone Council on 9952 8311 now to reserve your place.

Helping learner drivers RTA Become safer drivers



Free workshop for parents

To help you with practical advice about:

- Supervising learner drivers
- Completing the Learner Driver Log Book

Understanding the benefits of supervised on road driving experience.

The RTA and your local council have set up **free two hour** workshops for parents and other supervisors of learner drivers.

The next workshops in your area will be held:
Monday 6 March 2006
At
6.30 pm

Venue:
City of Ryde Civic Centre
Devlin St, Ryde

Bookings are essential.
Book now on (02) 9952 8311

SCHOOL DANCE

Epping Boys' High School

School Hall

Friday 10 March
7 - 11pm

Riverside Girls High School students are invited to the first school dance for 2006. Each year school dances are held at EBHS, to which girls from local schools are invited. Only boys from EBHS are permitted to attend.

The dances are organized and supervised by teaching staff and parents, as well as hired security staff with dogs patrolling the fenced perimeter of the school hall area. Whilst staff and a limited number of parents supervise in the hall, parents assist in supervision outside the hall and in the provision of canteen facilities.

Once in the students are not allowed to leave the area until the dance ends promptly at 11pm. Students will only be permitted to leave early if collected by a parent at the perimeter gate near the canteen.

Tickets: \$15 pp. Available at the door or from the School Office at EBHS prior to the night. Any profits from the dance will go towards EBHS P & C funded projects. Parent enquiries to Robyn Scarf, EBHS P & C Association, 9858 3814.

ARE YOU INTERESTED IN EXPERIENCING ANOTHER CULTURE? HOST AN INTERNATIONAL EXCHANGE STUDENT!

In July this year, students will be arriving from countries such as Italy, Belgium, Brazil, and Germany. These students are looking for welcoming host families interested in experiencing another culture as well as sharing their own Australian way of life.

World Education Program (WEP) Australia, a registered, non-profit secondary exchange organisation is looking for volunteer families who would like to host a 15-18 year old girl or boy for 2-3, 5, 10 or 11 months. If you are interested please phone **1300 884 733** or email info@wep.org.au.

Opportunities also exist for Australian high school students to live and study overseas as exchange students in more than 16 different countries.

1300 844 733
www.wep.org.au

Michael Caswell
Program Administrator

INTERNATIONAL COMPETITIONS
AND ASSESSMENTS FOR SCHOOLS
SCIENCE

Test Date:
Wednesday 3rd May

be in it!

Open to all students

An individual result letter for all students.
Prizes and certificates to students who do well.

Students have one hour to complete 45
questions

~~Cost:~~

\$6.00

Enter by Thursday 23rd March

ICAS provides an opportunity for all students to
gain a measure of their own achievement in an

external assessment situation. It provides schools
and teachers with comprehensive reporting of
results and also gives parents helpful information
regarding their child's performance. All students
receive a Certificate and an individual Student
Report indicating which questions they answered
Correctly, as well as the average mark for the
state/region. The Student Report is also useful for
highlighting student strengths and weaknesses in
the skills and processes of **Science**.

The documents are suitable for inclusion in a
portfolio. Certificates are awarded for each year
level in each state/region as follows:

- High Distinction to the top 1% of entrants
- Distinction to the next 10% of entrants
- Credit to the next 20% of entrants
- Participation to all other participating
students.

Medals are awarded to the top student(s) in each
year level in the state/country/region.

All Medals and Certificates are awarded at the
discretion of EAA.

The entry fee is **\$6.00** per student.

**The school closing date for entry is the 23rd
March. See your Science teacher for more
details and practice booklets.**

LAWN TENNIS ANYONE?

FIVE LAWN COURTS

We are looking for tennis players to join our club either to play socially or
competitively.

OPEN DAY

Saturday 25TH February from 12.30

Corner Jeanneret and Woolwich Road, HUNTERS HILL

For planning purposes we would appreciate if you could contact us on:

9816 2504 or email jaccl@pacific.net.au

To confirm your attendance for tennis and a wonderful afternoon tea.

Membership categories include:

Full Playing Members are able to play Tuesday, Thursday, Saturday and Sunday. In
addition they are able to play with their immediate family on Sundays until 12.30.

Ladies Midweek Members are able to play on Tuesdays and Thursdays.

We have **Competition Teams** which play in the Metropolitan Grass Courts Club Association:
Thursday – Ladies teams; Saturday – Mens' and Ladies teams. We also play annual **internal**
Club Championships, which cater for all players. **Organised** Sunday afternoon social tennis

Doing well at school

Giving our students the edge

One of the ongoing debates about schools centres on achievement and standards. All parents want to be able to position their own children for success in school and in later life. Comparing schools is a favourite pastime of many, especially in the media. How important is this and what does it reveal about schools?

Principals believe that parents should scrutinise any school before enrolling their son or daughter. They should examine the tone of the school, the way it deals with students and parents and information it provides about the achievement of students.

Information about student achievement can be useful. It can also be misleading. It is most useful when it shows that, whatever their ability, students will be extended to strive and achieve their best.

Where it becomes misleading is when inadequate information is used to compare schools. No two schools are exactly alike. They enrol students of varying abilities and aspirations: academics, artists, sporty students, those with talents, some with disabilities, some in the city, others in the country.

There are differences in the starting points of students, so any reliable assessment of student and school performance should take this into account

A better way

NSW schools, both public and private, are slowly moving towards better ways of assessing student and school achievement.

A recent change will see comparisons of public schools against what are called "like school groups". Instead of trying to compare apples with oranges this compares a school against a group of similar schools.

Public schools already measure the learning growth of students by looking at "value added" - the extent to which students (whatever their ability) improve as they move through school. These measures help principals identify where improvement is needed.

Are schools all that different?

This might be a surprise: when all factors are considered research shows that there isn't much difference between schools. The larger differences are

between classrooms, not schools. Good teachers make a difference - no surprises in that! There are many examples to illustrate this. The Australian Council for Educational Research found that achievement in literacy is influenced most by gender, family, language background and attitudes toward school. Very little of the variation in literacy and numeracy achievement between students is linked to differences between schools.

Even at an international level the Program of International Student Assessment (PISA) testing has also concluded that the ownership of a school (public or private) does not by itself make any appreciable difference to student achievement.

If anything it seems that public schools give their students the edge for success in later life. Research into the progress of students at university shows students from government schools out-performing those from private schools.

Values and value

We'll turn to the debate about values in schools in the future but for the moment let's delete the "s" and look at "value" – the dollar kind. The Australia Institute recently weighed up the relative advantages of investing in private school or university education.

It argues that parents would be financially better off sending their children to public schools and using the money saved to buy them a full fee paying place at an Australian university. Spiralling university costs will shortly see the full fee cost of 60 university degrees exceeding \$100 000.

Food for thought!

Chris Bonnor
President, NSW Secondary Principals' Council

Judy King, Deputy President SPC
Principal, Riverside Girls High School

This is the third in a series sharing thoughts with parents on issues in schools and schooling. Later we'll look at some of the arguments about funding of schools and what should be among the obligations of schools which receive public funds. Finally we'll point the way towards a better future for students in all schools.

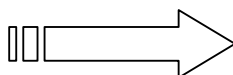
- Help us create a fairer landscape for all schools and students in NSW -

General & Elective Subject Contributions 2006



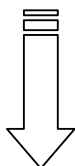
Riverside Girls High School

General Contributions



Year 7	\$280
Year 8	\$260
Year 9	\$150
Year 10	\$150
Year 11	\$195
Year 12	\$195

Electives



	Year 9	Year 10	Year 11	Year 12
Ceramics 1U			\$45	\$45
Computing Applications			\$35	\$35
Computing Studies (CSTW) (IST)	\$40	\$40		
Design & Technology	\$40	\$40	\$35	\$30
Drama	\$15	\$15	\$35	\$35
Food Technology	\$70	\$70	\$35	\$35
Hospitality (VET)			\$95	\$100
Hospitality uniform (to be purchased by Wk 6 Term 1 in Year 11)			\$80-\$100	
Information Processing & Technology			\$50	\$50
Information Technology (VET)			\$60	\$60
All Languages	\$30	\$25	\$35	\$35
Languages - HSC Extension courses				\$30
Music (Course 1 or 2)	\$35	\$35	\$55	\$55
Music Extension HSC				\$45
Open High School - each language			\$74 per year	
Photography 1U			\$75	\$75
Software Design & Development			\$50	\$50
Physical Activities & Sport Studies	\$210 or \$52.50/term	\$210 or \$52.50/term		
Technical Drawing (Graphic Techn)	\$35	\$35		
Textiles & Design	\$30	\$30	\$35	\$40
Visual Arts	\$45	\$45	\$55	\$65
Visual Design 1U			\$45	\$45
Wood Technics	\$55	\$30 + materials for major work		

Phone 9816 4264

Fax 9816 5409

www.riversideghs.nsw.edu.au

Riverside Currents goes online

On-line School Newsletter



Riverside Girls' High School

“Riverside Currents” our monthly newsletter contains valuable information for all parents and students including:

- Principals Report
- Faculty and Subject reports and news
- Samples of student work
- P&C News
- Careers News
- Dates to Remember

As a result of parental surveys the P&C and school community has decided to upload “Riverside Currents” to the school website instead of producing a printed copy for each family. This initiative has many advantages including the positive environmental impact and ensuring parents receive a copy of Currents. Printed copies of “Riverside Currents” will be available, so ask your daughter to collect a copy from the front office if you prefer a printed copy.

If you would like the school to inform you each time a new version is uploaded please complete and return this sheet to the front office or visit our website at www.riversideghs.nsw.edu.au and follow the links to register your email address with us.



Please inform me when Currents is uploaded by sending an email to the email address shown below.

I am happy to have this email address added to the P&C data base of email addresses which will enable the P&C to keep me informed of P&C news and events.

Yes No (please tick one)

Parent Name _____

Student Name and Year _____

Email address _____

Date _____

Parent Signature _____

RIVERSIDE CANTEEN TERM ONE 2006

SANDWICHES

VEGEMITE	\$1.50
BAKED BEANS	\$2.00
CHEESE & TOMATO	\$2.50
CURRIED EGG	\$2.50
EGG & LETTUCE	\$2.60
CRISPYBACON/AVOCADO	\$3.20
HAM AND SALAD	\$3.40
COTTAGE CHEESE/SALAD	\$3.40
CHICKEN	\$3.00
CHICKEN/LETTUCE MAYO	\$3.20
CHICKEN AVOCADO	\$3.70
CHICKEN SALAD	\$3.40
CHICKEN SATAY LETTUCE	\$3.40
SALMON LETTUCE MAYO	\$3.70
SALMON SALAD	\$3.80
TURKEY CRANBERRY	\$4.00
TURKEY CHEESE AVOCADO	\$4.20
SALAD	\$3.00
SALAD WITH SWISS CHEESE	\$3.40
TUNA LETTUCE MAYO	\$3.40
TUNA SALAD	\$3.50
ROAST BEEF SALAD	\$3.20

EXTRAS ADD	\$0.50
ON ROLLS OR BAGELS	\$0.50
TOASTED ADD	\$0.40

IN ADDITION	
HEALTHY FILLINGS IN WRAPS	
AND TURKISH PIDE	\$3.50

SALADS

FRUIT SALAD	\$3.00
PASTA SALAD	\$2.80
GARDEN SALAD	\$2.80
THREE BEAN SALAD	\$3.00
TUNA OR CHICKEN SALAD	\$4.50
THAI BEEF OR CHICKEN	\$4.50
99% FAT FREE YOGHURTS	RRP
FRESH SUSHI LUNCHBOX	\$3.00
(WED/THURS)	

FRESH FRUIT

SEASONAL FRUIT from	\$0.60
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HOT FOOD

HOT DOG	\$2.50
LIGHT MEAT PIES	\$2.50
LIGHT SAUSAGE ROLLS	\$2.00
MEAT LASAGNE	\$3.50
PENNE BOLOGNAISE	\$3.50
PIZZA SINGLE	\$2.20
CHICKEN BURGER	\$3.50
BEEF STIR-FRY WITH RICE	\$3.50
CHICKEN & VEG. RISOTTO	\$3.50
CHICKEN & CORN ROLLS	\$1.70
ROAST CHICKEN or BEEF ROLLS	
WITH GRAVY	\$3.50

VEGETARIAN SELECTIONS

INDIAN SAMOSAS	\$2.20
VEGIE BURGERS	\$3.50
VEGETARIAN LASAGNE	\$3.50
VEGETABLE RISOTTO	\$3.50
VEGETABLE ROLL	\$2.50
SPINACH AND CHEESE PUFF	\$2.20
FRESH SOUP WITH ROLL	\$3.50

LOW FAT CAKES AND SLICES

DATE AND OAT SLICE	\$2.20
BANANA BREAD	\$2.20
MUESLI SLICE	\$2.00
FRUIT BUN	\$1.20
LOW FAT MUFFINS	\$2.50

ICE CREAMS AND ICES

SELECTION OF LIGHT ICE	
CREAMS AND WATER ICES	RRP

COLD BEVERAGES

PLAIN MILK (300ML)	RRP
FLAVOURED	RRP
SOY DRINKS	RRP
NUDIE JUICES	RRP
NUDIE SMOOTHIES	RRP
ORANGE,APPLE,PINEAPPLE	
APPLE & BLACKCURRANT JUICES	RRP
SPARKLING APPLE CAN	RRP
SPRING WATER (500ML)	RRP
LIGHT SOFT DRINKS	RRP

RIVERSIDE GIRLS HIGH SCHOOL

UNIFORM SHOP

The UNIFORM SHOP is open every Wednesday and Thursday of Term between 1.00pm-2.00pm in the new Uniform Shop located next to the Staff Common Room.

CONTACT: School Office PH: 9816 4264
Jenny Evans: Wednesdays

PRICE LIST - 2006

Junior School Blouse (White)	\$30.00
Junior Blouse (long sleeve)	\$30.00
Junior Skirt Royal Check	\$50.00
V-Neck Wool/blend jumper with logo	\$55.00
V-Neck Wool/blend vest	\$35.00
Trousers navy (2 pocket stretch bootcut)	\$45.00
Trousers navy (non stretch bootcut)	\$45.00
Senior Blouse (blue) (Yrs 11 & 12)	\$30.00
Senior Blouse (long sleeve)	\$30.00
Senior Skirt Navy	\$35.00
Scarf	\$10.00
Beret with school logo	\$25.00
SALE ITEMS –	
Junior Blouse (“Taleb”) (size 10 & 20)	\$20.00

Uniform Shop News – Please read this section

- V neck vests are now available - \$35.00 each.
- Berets with logo (one size fits all) are now available - \$35.00 each
- Scarves are available in navy blue and sky blue - \$10.00 each
- Exchanges and returns – Please encourage your daughters to try on samples before purchase. Goods will only be exchanged **if they have not been worn**. If items need to be exchanged, please return them in their original packaging with the docket.
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PAYMENTS BY CASH, CHEQUE OR CREDIT CARD ARE ACCEPTED
CHEQUES SHOULD BE MADE PAYABLE TO RIVERSIDE GIRLS HIGH SCHOOL
Profits from the Uniform Shop go to the school