

RIVERSIDE CURRENTS

Riverside Girls High School Parent & Community Newsletter August 2009

Calendar Dates

Term 3

August

Tuesday 24 *Welcome to RGHS Morning Tea for all new Term 3 enrolments, Library

Thursday 27 *Games Day for Year 8

Friday 28 *PISA Testing (Year 9 students chosen at random for national/international comparisons)

September

Tuesday 1 *Art, Music & DT Soiree, 5-8pm, Gymnasium, Major Works for HSC on display

Wednesday 2 *SRC Elections during rollcall

Thursday 3 *CHS Athletics Carnival
*Year 11 Crossroads

Friday 4 *CHS Athletics Carnival

Tuesday 7 Year 9 Laptops arrive

Wednesday 9 *P & C Meeting, 7.30pm
*SRC Beyond Blue Day

Thursday 10 *High Resolves, Hall & Gym

Friday 11 *High Resolves, Hall & Gym

Saturday 12 *Riverside Markets

Wednesday 16 *Student Leaders Induction

Friday 18 *HSC Assessments Completed and final rank orders for all courses submitted to the Board of Studies.

Principal's Report

Countdown to the HSC

Year 12 have 6 weeks to go before their last lessons in their HSC courses. In the last 6 weeks of Term 3 Year 12 students will submit major works for Textiles and Design, Visual Arts, Design and Technology, Extension 2 English and History

Extension. All students studying a language for the HSC will complete their listening and speaking exams for the HSC in this period. The rest of the HSC exams begin on Tuesday 20th October in Week 1 Term 4.

All Year 12 parents are invited to the Year 12 graduation on Thursday 1st October 7.30 pm in the school hall.



Staff versus the Students played on Thursday 21 August

High Resolves Program

Several Year 10 girls have been involved in some very challenging seminars with the High Resolves Project. Their photo was featured in The Sydney Morning Herald on Wednesday 19th August. The girls have been working with Mr Jim Lambright from the USA. He is an investment officer with the U.S. Troubled Asset Relief Program. 100 students from 11 Sydney schools, including R.G.H.S. have been working with him to look at significant global issues and engage in higher order thinking about global and local solutions to these problems and issues.

Notes re absences

We need all parents and carers to send notes to school when students have been absent from school. We often send home yellow proforma notes which have a space for the dates absent to be listed. It is quite a struggle to persuade the students to be responsible about submitting notes. They do leave notes in pockets, diaries and school bags for weeks at a time. Parents are encouraged to fax notes on 9816 5409 or email the school to explain absences. In Term 3 the organisers of excursions and all events attended by students have been asked to ensure that all notes owed by any students for 2009 have been submitted before they attend the excursion or event.

Year 12 final reports

All Year 12 final reports have been issued. There were many excellent and outstanding results. Lots of Year 12 students had missed only one or two days in the 33 weeks of their Year 12 courses so far. Some students were proud of their perfect attendance and so are we. We look forward to more excellent HSC results from the class of 2009.

HSC Visual Arts Soiree 5pm – 8pm Tuesday 1st September 2009

We hope to see lots of parents and visitors to the Visual Arts soiree on Tuesday 1st September. The HSC bodies of work will be displayed in the gym. A small number of girls study 2 Unit HSC Music Course 1 at Bradfield College this year and they will perform around 5.30 – 5.45pm as part of the soiree program.

In 2008 Riverside received nine nominations for Art Express, our best ever number of nominations. Four of the nine nominated were exhibited in the NSW Art Gallery and in 2 regional galleries. We purchased one of the Art Express works and it now hangs proudly in our school foyer. Visitors certainly comment on how stunning it is. We do hope the 2009 Year 12 Visual Arts students can do as well as those from 2008.

Public Transport Forum

The Sydney Morning Herald has decided to hold its own enquiry into Sydney's public transport horrors. The enquiry was announced on Saturday 22nd August. We are very keen to contribute to the enquiry seeing we are at the mercy of buses on Victoria Road. Our families come from all over the inner west of Sydney, from North Parramatta in the west to Millers Point, Glebe, Ultimo and Pyrmont in the city. We have several students who live in the Marsfield and North Ryde areas.

We urge all parents interested in debating the public transport issues for Sydney to attend the next P. and C. meeting on Wednesday 9th September at 7.30pm and we'll list all the issues you wish to raise. We can boldly suggest some solutions as part of the Riverside submission to

the S.M.H. enquiry. We look forward to seeing you on 9th September at 7.30pm so you can contribute to our response to the public transport enquiry.

Judy King – Principal



NAIDOC Week assembly held in July

P & C Report

Thankyou to our new head teacher English for attending our P&C meeting last night, and giving us the opportunity to meet her, and ask questions relating to the English faculty.

How quickly time goes by. We are now half way through the year and as my daughter looks forward to completing her final year at Riverside, it is time for the P&C to start thinking about next year. The current executive of the P&C will not be available for re-election at our AGM which will be held later in the year.

As this is my last year at the school, and both the secretary and treasurer will have completed their maximum 3 year terms, a new committee of parents will need to step forward in order for the P&C to continue to fully support the school. None of the positions are onerous, but all are essential to the ongoing existence of the P&C at Riverside.

If you wish to discuss the time and commitment involved or find out about the personal benefits that being on the P&C can bring, you are most welcome to contact me by phone or email cherylosborne@optusnet.com.au

**PLEASE GIVE SERIOUS THOUGHT TO
NOMINATING FOR A POSITION, SO THAT THE
P&C CAN CONTINUE TO FUNCTION,
SUPPORTING STUDENTS AND THE SCHOOL.**

Congratulations to the band committee for organising yet another successful Riverside

Swings evening, featuring the talents of the school band, and well known musicians Monica Trapaga and John Morrison. Proceeds from the evening will go toward enhancing the band program.

Next meeting of the P&C will be Wednesday the 9 September at 7.30pm in the staff common room. There will be a short presentation by local identity and environmentalist Jim Shaw, who is assisting the school with rejuvenation of the school gardens and other projects.

Cheryl Osborne, President

NAIDOC Week Assembly

NAIDOC week was held across Australia from the 5 – 12 July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander people. We celebrated NAIDOC week with an assembly that was organised by Chantel Zappia, Shenice Wilson and Jesse Hamlyn. These young women represented some of the students at Riverside who have Aboriginal heritage.

he assembly recognised Aboriginal culture and acknowledged the continuing Australian journey towards reconciliation. Jesse Hamlyn's father was part of the stolen generation and he spent much of his youth disconnected to society and unaware of his own heritage. Jesse told of his experiences as part of the stolen generation and explained the profound impact this has had on his life.



Guest Speaker, Jeff McMullen

Jeff McMullen, the CEO of the Fountain for Youth Foundation was our guest speaker at the

assembly and he told of his work with the literacy empowerment program. This program, supported by Ian Thorpe, endeavours to provide schools in 20 remote indigenous communities with the resources and funding to promote literacy and education. We have made a commitment to support this foundation in 2010 in recognition of the importance of education in bettering the lives of all Australians.

NAIDOC week is a valuable opportunity to acknowledge the traditional custodians of this land and Riverside is proud to be part of this celebration.

Ms. R. Ritchie - HSIE

Sport

2009 Athletics Report

The School Athletics Carnival was held at the Sydney Athletics Centre, Homebush on 27th May. The weather wasn't as kind to us as it has been the last couple of years, however, the level of participation was still exceptional and all competitors are to be congratulated.

At the end of the carnival the points were:

4 th	Mallenson	610
3 rd	McKenzie	698
2 nd	O'Harris	788
1 st	Coen	929

Our age champions were:

12yrs	Georgia Stevanovic
13yrs	Rosie Bisset
14yrs	Hayley McGrath Hogan and Sarah Willcoxson
15yrs	Beth Chilcott
16yrs	Anne Lee
17yrs	Melissa Brown

Two records were broken at the carnival. Moya Johansson set a new record in the 1500m (5.23.51) and Beth Chilcott broke the 15yrs 400m record (1.3.24) which had stood for 12 years. We sent a team of about 80 girls to the North West Metropolitan Zone Carnival. Here our girls competed with terrific enthusiasm and wonderful team spirit which saw us finish 4th in the Zone.

We had 22 girls selected to represent the Zone at the Sydney North Carnival. The girls who went to the Region were Georgina Stevanovic, Tiffany Kwan, Jemma Cairns, Rhianna Lewis, Claire Farneli, Rosie Bisset, Hannah Bisset, Emma Lee, Tara Chilcott, Beth Chilcott, Caoife Power, Sarah Drurey, Larissa Aussel, Kumberlin Levin, Moya Johansson, Jacqui Osbourne, Jess Bonser, Melissa Brown and Katherine Tiqui.

Larissa Aussel competed in the AWD (Athletes with a Disability) events at the Sydney North Carnival. In the 16 yrs+ events she placed 1st in 800m, 2nd in 100m, 200m and shot put, and 3rd in Discus and Javelin. Larissa will be representing Sydney North in these events at the CHS State Carnival on the 3rd and 4th September.

We have some talented athletes coming through in the junior years so I look forward to more good results in 2010.

M. McCauley - Athletics Co-ordinator

Mathletics at Riverside

All students at Riverside now have access to using Mathletics. Mathletics is the next generation in learning, as it helps students enjoy Maths and achieve great results. Mathletics is a web-based learning program which integrates home and school learning via the internet. Mathletics covers all years of schooling and is currently used in over 2300 Australian schools. Over 100,000 students access Mathletics every day. Your child has 24 hour access to Mathletics by using a unique user name and password. We recommend that you spend time looking at the program so that you can gain the greatest understanding of how Mathletics will benefit your child.

Benefits of Mathletics:

- **Live Mathletics** – students compete live against students from around the world in mental arithmetic
- **Full K - 12 curriculum coverage** – revise for exams, cover gaps in learning, extend bright students
- **Support Centre** – step by step animated support for every maths concept
- **24/7 access** – learn anytime, anywhere
- **Teacher and Parent feedback** – highly visual results and guidance towards areas that need attention.

To view Mathletics, visit www.mathletics.com.au and ensure pop-ups are enabled. Click on "sign-in" and enter your child's details. Away you go! Any problems- call Mathletics on 1300 850 331

Interschool Chess Challenge

A great day was had by all six girls who attended the NSW Interschool Girls' Chess Teams Challenge. The competition was strong and both teams had a number of wins. Well done to Greer Moxham, Lauren Salter, Jackie Olling, Isabella Tran, Evelyn Treacy and Julia Readett for being such great ambassadors for Riverside.



HSC Class of 1979

A 30 year reunion is planned for ex year 12 students from **Cheltenham Girls High School** together with those girls who left year 10 in 1977. The event will take place at the Marriot Courtyard Hotel, North Ryde on **Saturday 31 October 2009**.

Enquiries, details and bookings contact Cheryl Osborne (Bates) on 9878 3028 or email cherylosborne@optusnet.net.au

Dental Services

Should any students need access to the Dental Health Services Clinic for assessment or treatment; their parents need to call the Northern Sydney Dental Call Centre. It is important that your child has regular dental check-ups from either your private dentist or the local child dental clinic. If you wish to attend a local dental clinic please phone the Call Centre on **1300 789 404**.

You will be required to provide your Medicare number and answer some questions about your child that will enable them to provide your child with the most appropriate care.

You Can Make a Difference

Would you like to learn about another country or are you learning a new language at school? Why not experience both a new language and culture in your own home? Each year, Southern Cross Cultural Exchange helps secondary school students from all over the world to have rewarding educational and cultural experience in Australia. This is possible because we have very generous families like yours who welcome the students into their homes. These students need a place to live where they can become a part of an Australian family and have a place they can call home. Choose a student for 3 weeks, 3, 5 or 10 months and help them fulfil their dream of studying in Australia and experiencing our unique lifestyle. Host Families are needed for students arriving in July from Germany, the USA, Belgium, Italy and Spain. Please call:

Michelle 02 9181 1084, 1800 500 501

to request a Host Family application kit if *you can make a difference* this July!

Macquarie Community College

A range of professionally tutored courses and adult education at over 80 venues throughout North and North-western Sydney is offered by Macquarie Community College. The college continually strives to meet the adult education needs of the community. For more information regarding courses go to:

www.macquarie.nsw.edu.au

Charles Sturt University

HSC Online a hit with students

With less than ten weeks before the HSC Exams start, students will be comforted to know that there is an authoritative online resource available to assist in their study preparations. Students studying their HSC have been using the site for 11 years and with materials for 48 HSC subjects, supplemented by advice on study strategies and the availability of past examination papers and markers' comments, making it a vital resource. Visit HSC Online at www.hsc.csu.edu.au

TAFE students get PREPared

Principal's Report Entry Program (PREP) is now available to non-metropolitan TAFE students who are completing the Tertiary Preparation Course and to high school students who are taking TAFE subjects as part of their studies that make them eligible for an ATAR. Further information and an application form is available on the web page: <http://www.csu.edu/study/prep.htm>

Scholarships to get started

If you are interested in studying at CSU, there are plenty of scholarships worth investigating. Visit www.csu.edu.au/student/scholarships for more information. The Federal Government is also offering financial assistance for all university students who receive student income support, enabling them to also receive a Student Start-up Scholarship for each year of the course. In 2010 this Start-up Scholarship will be valued at \$2,254. Eligible university students receiving student income support who have to relocate to one of CSU's five regional campuses to study will receive a Relocation Scholarship of \$4,000 in the first year and \$1,000 in subsequent years to assist with their costs. Combined with the Student Start-up Scholarship, this means they will get \$6,254 in their first year of study and \$3,254 in the later years. For more information on the government scholarships visit www.deewr.gov.au/HigherEducation/Programs

Engineering & IT Open Day, Sydney University

The Faculty of Engineering and Information Technologies will be holding mini lectures on all courses, information booths for advice and suggestions, and a free BBQ on Saturday 29 August from 9.30am. Dr Karl will also be speaking from 12 noon.

We are located in Cleveland Street behind the Seymour Centre or we are accessible via Shepherd Street. We are also a short 10 minute walk from Redfern Station. Look for the sky dancers to mark our spot. For more information about this event, phone Trish on 93512131 or visit www.eng.usyd.edu.au

Mobile Phone Fundraiser

It is estimated that there are 16 million old mobile phones just lying around in office and home drawers in Australia alone! These phones contain toxins that must not find their way into landfill sites. These phones can be recycled and earn money for our school. Belair Public School, for example, raised over \$2000. Every old mobile phone collected will raise \$5 for the school. Simply bring in your unwanted phone, no matter its age or condition and drop it off in the box in the school office. This not only helps the school but the entire planet and is a great way for children (and parents) to learn about recycling. For further information call Peter on 0410 511695 or go to the website www.envirofone.com.au



RIVERSIDE GIRLS HIGH SCHOOL

2009

ART, MUSIC & DT SOIREE

Tuesday 1st September, 5.00 – 8.00pm

Opening address by Ms King at 5.15pm

Wednesday 2nd September, 9.00 – 3.00pm

School Gymnasium

The Uniform Shop

Profits from the Uniform Shop go to the school

Opening Hours The Uniform Shop is open every week on Thursday before school (8.30 - 9.00am) 2nd Recess (11.45 – 12.05pm) and at lunch time (1.00pm - 2.00pm). The Uniform Shop is located next to the Staff Common Room.

Contact: Jenny Evansl at the school office Ph: 9816 4264

Junior School Blouse (White)	\$28.00
Junior Blouse (long sleeve)	\$30.00
Junior Skirt Royal Check	\$55.00
V-Neck Wool/blend jumper with logo	\$55.00
V-Neck Wool/blend vest	\$35.00
Polar fleece jacket with logo	\$40.00
Trousers navy (2 pocket stretch bootcut)	\$45.00
Trousers navy (non stretch bootcut)	\$45.00
Senior Blouse (blue)	\$28.00
Senior Blouse (long sleeve)	\$30.00
Senior Skirt Navy	\$35.00
Scarf	\$10.00
Beret with school logo	\$25.00

Payments: Cash, cheque or credit card are accepted
Cheques should be made payable to Riverside Girls High School

Exchanges & returns: Please encourage your daughters to try on samples before purchase.
Goods will only be exchanged *if they have not been worn*.
If items need to be exchanged, please return them in their original packaging with the docket.

The Uniform Shop News

- Polar fleece jackets with Riverside logo are now available for \$40.00
- Don't forget a new winter coat is available if you pre-order and pre-pay. Girls can collect an order from the Student Services Counter in the front office and they can try on samples from the Uniform Shop every Thursday. They cost \$89.00; they are a wool blend coat for both juniors and seniors and have been introduced by the SRC as an optional item to the Riverside school uniform.

RIVERSIDE GIRLS HIGH SCHOOL CANTEEN MENU 2009

Food Coding
G- Green fill the menu
A- Amber select carefully
R- Red only occasionally

BREAKFAST

Toast – jam or honey (A)	1.90
Raisin toast (A)	2.20
Cereal & milk (G)	2.20
Rice pudding (G)	2.50
Low fat yoghurt (G)	2.00
Fresh fruit salad & yoghurt (G)	2.50
Bacon & egg roll (A)	3.50
Smoothies – fresh strawberry or banana (G)	3.00

JAFFLES

Cheese (G)	2.50
Cheese & tomato (G)	2.70
Tomato (G)	2.30

SNACKS 'N' THINGS

Garlic or Herb bread (A)	1.50
Honey soya Wingettes (A)	2.50
Jelly & custard (A)	2.00
Fresh seasonal fruit (G)	0.80+
Fresh fruit salad (G)	2.50
Low fat ice-cream & ice-blocks	0.80+
Low fat muffins (A)	3.00
Low fat banana bread (A)	2.80

SUSHI

Tuna (G)	2.90
Chicken Teriyaki (G)	2.90
Vegetarian (G)	2.90
Crab, avocado & cucumber sushi (G)	2.90

SALAD BOXES

Garden salad (G)	3.50
Roast chicken salad (G)	4.00
Tuna salad (G)	4.00
Tuna pasta salad (G)	4.00
Chicken avocado pasta salad (G)	4.50
Caesar salad (G)	4.00
Tabouli salad (G)	3.50
Potato salad (A)	3.50
Greek salad (A)	4.00

SANDWICHES (G)

(white/wholemeal/multigrain)

Vegemite (G)	1.90
Egg & lettuce (G)	2.40
Curried egg (G)	2.20
Turkey cheese & cranberry (G)	3.00
Tasty cheese & salad (G)	3.00
Tasty cheese (G)	2.20
Tasty cheese & tomato (G)	2.50
Lean roast chicken (G)	2.60
Lean roast chicken, lettuce & mayo (G)	3.00
Tuna or Salmon (G)	2.60
Tuna & salad (G)	3.50
Chicken & salad (G)	3.50
Salad (G)	2.90
Lean lite ham, tomato & cheese (G)	3.00

EXTRAS

Mayonnaise (A)	0.20
Rolls (G)	0.60
Wraps (G)	0.60
Turkish bread (G)	1.00

HOT FOODS

Home-made soup (G)	3.00
Soup cups (A)	2.50
Low-fat cheesy hotdog (A)	3.00
Chicken corn roll (A)	2.00
Low fat beef pie (A)	3.00
Low fat shepherds pie (A)	3.40
Sausage roll (A)	2.70
Vegetable pastie (A)	2.80
Low fat steak pie (A)	3.40
Spinach & ricotta roll (A)	2.80
Home-made pizza: chicken or vegetarian (A)	3.50
Chicken schnitzel roll with lettuce & mayo (A)	4.20
Gourmet beef burger (A)	4.00
Lean chicken burger (A)	3.80
Hot potato with cheese & salsa (A)	3.50
Lasagna or Vegetarian Lasagna (G)	4.00
Fried Rice (A)	3.00
Satay chicken & rice (A)	4.00
Curried chicken & rice (A)	4.00
Creamy chicken fettuccine (A)	4.00

TURKISH BREADS

Vegetarian – eggplant, sundried tomatoes, capsicum & cheese (A)	4.80
Chicken – avocado, chicken, sundried tomatoes & cheese (A)	4.80
Mediterranean – pesto, olives, capsicum & fetta cheese (A)	4.80
Turkey – roast turkey, cranberry sauce & swiss cheese (A)	4.60
Chicken schnitzel – chicken schnitzel, roast capsicums, pesto & cheese (A)	5.00

DRINKS

Plain milk 300mL (G)	1.10
600mL	1.50
Flavoured milk 300mL (G)	2.00
600mL	3.00
Soft drink cans (A)	1.50
Flavoured mineral water (A)	2.50
Spring water (G)	1.80
Powerade sports water (A)	3.00
Milkshakes: chocolate, strawberry, caramel (A)	2.90
Slushies: 100% juice (A)	1.90
100% popper (G)	1.50

HOT DRINKS

Coffee (A)	2.50
Tea (A)	2.00
Hot chocolate (G)	2.00