

# RIVERSIDE CURRENTS

Riverside Girls High School Parent & Community Newsletter

August 2007

## Calendar Dates

### Term 3

#### August

Friday 17	Year 10 submit subject selections for Yr 11 2008
Monday 20	Completion & submission date, HSC Drama projects
Tues 21	Extension 2 English projects for H.S.C. due
Monday 27	D. and T., Visual Arts H.S.C. major works due
Tuesday 28	Art & Music Soiree, 5.00-8.00pm in Inwood & Performance Space. Yr12 Visual Arts Major Works, Music and Dance Performances
Tuesday 28	Year 8 into 9 2008 Information Session Pd 4

#### September

Monday 3	HSC Music Submitted Works due
Wednesday 5	Student Leadership elections
Friday 7	Public holiday for A.P.E.C School closed.
Saturday 8	P & C Trivia Night, all welcome
Wednesday 12	Student Leaders Induction, Hall P & C Meeting, 7.00pm
Friday 14	HSC school based assessment ranks finalised
Thursday 20	Year 7 Inoculations
Wednesday 26	Year 12 Farewell Assembly 10.30 am
Thursday 27	Year 12 Graduation Evening, 7.30pm, School Hall
Friday 28	Year 12 Revue 2 pm No outsiders

## Principal's Report

### Mobile Phones and The Internet

We are not interested in banning mobile phones. Those advocating in the press and on talk-back radio that students should surrender their phones everyday at school and collect them each afternoon, obviously have no idea how schools function. The prospect of managing 1050 phones in the front office each day is not something schools should be focusing on.

The overwhelming majority of students manage their phones responsibly and we applaud them for this. Our mobile phone policy is stated clearly in our school diary. The few students who fail to follow the policy and use their phones in classrooms or use their phones to threaten or harass fellow students will have to cope with the consequences in accordance with the policy. Students who harass or intimate fellow students in person or by text or voice message or by email or chat room message face suspension. These matters will be referred to the police. We strongly advise parents to be aware of the capacity and features of the phones the students bring to school. Students do **not** need internet access on their phones at school. Most students should have pre paid phones so they can manage their phones within a restricted budget. It is alarming when we discover some year 9 girls have monthly mobile phone bills of \$500 plus.

In two whole-school mail outs to all families this year we have made it very clear that girls should not identify the school in any way on the internet. Despite our entreaties, there have been too many examples of girls posting photos of themselves and their friends in the Riverside uniform with the school logo very apparent in the photos. Some students had many photos posted under a Riverside logo as a file name. Some of the photos featured were downright sleazy, revealing poses which would attract sexual predators. We need the full support of parents to ensure that their daughters do not have photos or video film on [Bebo.com](http://Bebo.com), [Myspace.com](http://Myspace.com), [YouTube.com](http://YouTube.com) or [Facebook.com](http://Facebook.com) which link the school and the school uniforms to sexually provocative poses.

### Information Evening on Cyberspace Dangers

We are planning an information evening for parents about the dangers lurking in cyberspace

for young people. It will be on Wednesday 12<sup>th</sup> September at 7pm in our common room. We will email all parents on our email database but we especially would like Years 7 & 8 parents to attend. The information evening will focus on [Bebo.com](http://Bebo.com), where many students maintain extensive web-based, personal diaries/profiles. We hope the police liaison officer can also attend.

### **Year 12 and the HSC**

Year 12 have received their final school report based on the trial HSC. We wish all 148 of them every success in the HSC. They have 6 weeks left of formal schooling. They will receive their final HSC ranks as part of school based assessment for each course in mid September. Many Year 12 students received outstanding reports and we expect them to do very well in the HSC/UAI.

### **The HSC exams begin on Thursday 18<sup>th</sup> October and finish on Friday 16<sup>th</sup> November.**

The farewell assembly for Year 12 will be held at 10.30am on Wednesday 26 September.

The formal graduation for Yr 12 will be held at 7.30pm on Thursday 27 September. The Year 12 Revue will be staged for our in-school audience only, on Friday 28 September at 2pm.

There will be some HSC exam revision lessons in the holidays at the end of Term 3. Each year several teachers organise holiday revision sessions and the girls really appreciate the lessons being available and they certainly are a valuable part of HSC preparation.

### **P & C Quiz Night**

#### **Saturday 8<sup>th</sup> September - 7pm School Hall**

The details of the P&C fund raising evening are in this newsletter. Do come along and register a team. It will be a fun night. Students are welcome. Register your team with Cheryl Osborne, the P&C president (9878 3028)

J. King  
Principal

### ***Students Engaging In Criminal Activity***

The vast majority of students attending public schools maintain behaviour standards of the highest order and are a source of great pride for all of us. Recently, however, there have been reported incidents of school students allegedly engaging in criminal behaviour.

This has allegedly included students

- making threats to harm other people over the internet
- sending harassing or menacing SMS or email messages
- threatening a teacher with fake gun

- filming assaults using mobile phones and sending the film to others or publishing it on the internet.

### **Message to students**

- All schools have discipline policies that ensure members of the school community behave responsibly and are treated with respect.
- **Schools are among the safest places anywhere in the community.**
- Students are commended for showing genuine concern for the welfare of their friends and others. Students who share information with staff allow help to be provided to peers who are involved in or considering criminal behaviour.
- Students have often played a key role in preventing crimes and their consequences.
- Unacceptable behaviour can have significant consequences. It is important you are aware of these consequences.
- If students use the internet, emails or mobile phones in a way that is offensive, harassing or menacing, this is a serious crime with heavy penalties, including imprisonment.
- If students use mobile phones to film criminal behaviour that they or their friends are engaged in and then share the film with other people or post it on the internet, it is itself a criminal offence.
- If a student witnesses a crime and records images of a crime on a mobile phone or cameras they should give it to the police as soon as possible.
- Having a gun, including a fake gun that looks real, is a serious crime with heavy penalties.
- Having knives or other items that can be used as weapons without a good reason, is also illegal.
- Encouraging other people to commit a crime is itself a crime.
- Being present as part of a group while a crime is being committed by others in the group can lead to all of those present being charged, even when some of those in the group did not engage in the specific act of the crime.
- Just because you are a school student does not mean you cannot be held responsible for a crime. Nor does the fact that you are playing a prank or a trick. You can still be punished as a criminal.
- Pranks, particularly if they involve the use of fake weapons, can be very serious in ways that you may not intend. If another person believes that the weapon is real, they could suffer serious harm, such as a

heart attack and you could be punished as a criminal.

- If you are found guilty of a serious criminal offence it could have a big effect on your future life – it could affect your work prospects, or restrict your right to travel to some places.
- All students must report to the principal, teachers, the police or other responsible adults any criminal behaviour that they see or that they know is being planned by others. You should not see reporting a crime as “dobbing in a mate” – such action may in fact save someone’s life or prevent serious injury or damage from occurring.

**All public schools have received the following memorandum concerning students and illegal activity, so we need parents to read it carefully and be aware of all the issues**

### **P & C Report**

Thank you to the following people for your assistance at the last working bee, where weeds were sprayed and yet another pile of mulch was spread. Thank you to Rick Lovegrove, Jill Matthews, Alison Neville, Ben Axelson, Brad Powe, Robbie Renu (HHC) and Jennifer and Steve Olling. We are hoping to have another working bee to move the last of the mulch etc later in the term.

### **Trivia Night**

The date is set for Saturday 8 September at 7 pm at the school. Tickets are \$15 or \$10 for students. Bookings can be made through the dedicated P&C box in the school office, phone on 9878 3028 or email [cherylosborne@optusnet.com.au](mailto:cherylosborne@optusnet.com.au). Funds raised will help to provide additional outdoor seating for the girls.

If you are able to donate any prizes or assist in planning or on the night, please contact me. There will be a final planning meeting at 17 Sheehan St, Eastwood on Wednesday 5 September, or you can help with set up in the hall on Saturday 8 at 3 pm.

A seminar on cyberspace bullying will be held following the next P&C meeting on September 12 at 7pm. All parents are most welcome to attend.

Cheryl Osborne ph 9878 3028  
President

### **Sport**

#### **Ice Skating News**

Ellesse McLean in Year 8 competed in the NSW State Championships on 21 and 22 July in the junior “Fire on Ice” synchronised figure skating gaining first place. Ellesse will now compete in the

National Figure Skating Championships to be held on 17, 18 & 19 August at Warners Bay.

We congratulate Ellesse and wish her well in her goal to reach the World Championships in Canada in 2008.

#### **State Volleyball Finals – 27 & 28 June 2007**

Having finished the rounds as Sydney North champions, we qualified to play off in the finals against the remaining sixteen schools.

In the first game we drew Glen Innes High, who have traditionally been very strong in volleyball – both their boys and girls teams made the State Finals. This match was an extremely close match. After 4 sets it was 2-2. In the fifth we trailed 13-8. But our girls showed unbelievable determination and belief in themselves to rally and score 15-13 in the fifth set for a 3-2 win.

This win took us in to the State quarterfinals. In this match we played Temora High. Unfortunately the girls appeared a little flat and had trouble lifting for this game. We lost this match 27-25 in the third set.

On Day 2 we played Great Lakes High and Mt. Druitt High. Both matches were closely contested. As hard as we tried on day 2 things did not go our way and we lost both matches. All girls should be very proud of their efforts this year and they are to be congratulated on finishing 8<sup>th</sup> in the NSW CHS competition.

I would like to extend an enormous thank you to Mrs Kraft, Mrs Vousden and Mr Edwards for their assistance with transport throughout the year. Their support of the team was also much appreciated along with the support of Mr & Mrs Osborne, Mr Vousden and Mrs Foley.

The team consisted of:

Cindy Edwards (Captain), Nina Blundell, Jade Foley, Sally Johnson, Katarina Kraft, Hannah Vousden, Kay Edwards, Brittany Spackman, Jacqui Osborne, Adela Vukovic

Merryn McCauley (PDHPE Dept)

#### **Open K-O Football Soccer report**

After receiving a bye in Round 1 of the NSW Combined High School Knockout Football Competition the Riverside team met Macarther Girls in the second round. Riverside quickly scored a few goals and took advantage of the situation to try a few new combinations with the new squad members. This proved to be very successful with the team winning 12-0.

Round 3 was a totally different game. Up against one of our long time rivals, Burwood Girls, it proved to be a very tough game. The team started

slowly conceding 2 goals to Burwood in the first half. Things did not look good. After the break the teams started to combine much better but with no goals resulting. With 15 minutes to go we finally scored and the team rallied. Katarina Kraft, our captain, led by example and managed to score again with three minutes left on the clock. With a draw and extra time looking likely, Katarina hit the bar with a well placed shot in the last ten seconds. So we went into a familiar situation we had faced in previous years against Burwood of the "Golden Goal" – extra time played with the first team to score winning. The experience the team had gathered over the past few years came to the fore and they stayed calm and focused. Near the end of the first period of extra time we pulled the game out the fire with a goal. Riverside 3 – Burwood 2.

Round 4 was played against Concord High, another team we have met in many previous years. The team was determined not to get into the same pressure situation of the last game. Playing organised and skilful soccer, the team had a very strong win defeating Concord 6-0.

In Round 5 we faced Narrabeen Sports High. The winner would progress to the Final 16 round of the competition. Having lost two years previously in the U15 competition to Narrabeen at the same level in that Competition, the team was very keen to reverse the result. We had a very positive start to the game scoring two very quick goals and putting Narrabeen on the back foot. However, Narrabeen was not a team to be underestimated and managed to score in the last minute of the first half, mainly due to lack of concentration by Riverside. At the half time break the team discussed the need for focus and as a result, Riverside took the score to 3-1. The game continued to be a very evenly matched affair, but unfortunately Narrabeen put 2 more goals in to draw the game in the last five minutes. Riverside had just as many shots but narrowly missed all their attempts. The extra time, golden-goal period was just as hotly contested and although tired the girls fought hard and strong. No goals resulted so as the game had to have a result, a penalty shoot-out was held. Riverside had participated in a few of these in past years with positive results, however on this occasion we lost the shoot-out and were eliminated from the competition.

Although defeated the girls should be very proud of how they played – they never gave up, kept their heads up and showed great sportsmanship despite several contentious referee calls. They were supportive of each other at all times and showed great team spirit to the very end.

The school is very proud of your efforts at reaching the top 32 teams in this state-wide competition which starts with over 350 contenders.

The open football (soccer) squad members for 2007 were: Danielle Ayrton, Koo Barbi, Bella Bianchino, Kate Butler-Howell, Bronte Black, Isobel Blair, Nina Blundell, Caitlin Carpenter, Emily Colechin, Zoe Finlayson, Ella Hamilton, Leah Harrison, Bonnie Kok, Katerina Kraft, Ellen MacIntyre, Kate McGuinn, Kumbelin Levin, Leah Rumore, Hannah Vousden, Holly Warren

Coach – Mrs Amanda Palmer PDHPE

# ART & MUSIC SOIREE

**Tuesday 28th August  
2007  
5:00pm – 8:00pm**

Upper Level Inwood Block &  
Performance Space

**Riverside Girls High School**  
Huntleys Point Road, Gladesville.

### ***Athletics Carnival***

This year's athletics carnival was another success for all involved! We were lucky enough to get a warm sunny day despite much of June being cold, wet and rainy. Two records were broken. Beth Chilott of year 7 cleared 1.48 m in the 13yrs high jump breaking the 1994 record.

In the 15 years 4 x 100m relay, McKenzie girls broke the O'Harris record set in 2000.

This year's school age champions for the Athletics Carnival are:

12 yrs	Swati Chugh	(yr7)
13yrs	Beth Chilcott	(yr7)
14yrs	Ann Lee	(yr8)
15yrs	Moya Johansson	(yr9)
16yrs	Hannah Vousden	(yr11)
17yrs	Sally Johnson	(yr11)

This year Coen were the overall winners of the carnival winning by an impressive margin of a little over 300 points with a massive score of 732 points. Mallinson was second placed closely

followed by Mackenzie in third place and O'Harris in fourth.

### **North West Metropolitan Girls' Athletics Carnival**

On the last day of term 2 the zone carnival was held at Homebush. This was also a very successful day for Riverside. The team finished third at the zone carnival which was a very commendable performance, considering the competition was very close. At one stage during the day the Riverside team was only 3 points behind first place.

Caoife Power in year 8 broke a record at the meet, shaving over 22 seconds off the record for the 1500m walk which was set in 2000.

### **Sydney North Area Carnival**

We also had 15 girls go on to represent our school and zone at the area carnival last week. A number of girls gained places in the top 8 positions, including Sally Johnson (17yrs; 3<sup>rd</sup> Long jump and high jump, 5<sup>th</sup> hurdles), Katarina Kraft (17yrs; 3<sup>rd</sup> hurdles, 7<sup>th</sup> high jump, 8<sup>th</sup> 100m), Kumbelin Levin (15yrs; 6<sup>th</sup> 100m), Mel Brown (15yrs; 5<sup>th</sup> high jump), Nina Blundell (16yrs; 5<sup>th</sup> discus), Beth Chilcott (13yrs, 4<sup>th</sup> high jump, 5<sup>th</sup> 1500m, 6<sup>th</sup> 400m) Moya Johansson (15yrs, 7<sup>th</sup> 800m) and Caoife Power (4<sup>th</sup> walk, 5<sup>th</sup> 3000m). Jessica Bonser (yr10) was placed 1<sup>st</sup> in the 16yrs Javelin and will represent at the C.H.S state carnival in early September as will Larissa Aussell (yr8) who was placed 3<sup>rd</sup> in the AWD U15 Discus. Romy Ferriera (yr9) also participated in the AWD U15 events at the area carnival.

### **Run for Fun**

Ryde Little Athletics will be holding its annual Registration Day on **Sunday 19 August** at the **Scout Hall in Agincourt Road, Marsfield** between the hours of **10.00am and 2.00pm**. Both boys and girls aged 3 to 18 years are welcome to register but proof of age is required. Uniforms may be purchased from the Centre. For further information phone: **0412 202 703** or [www.ryde-athletics.org.au](http://www.ryde-athletics.org.au)

### **RTA Driver Workshops**

Young drivers are three times more likely to be involved in casualty crashes. That is why the RTA has introduced a new licensing scheme, with more supervised driving practice for learner drivers.

To help parents in supervising learner drivers, the RTA has set up a FREE 2-hour workshop for parents that offers practical advice on how to help learner drivers become safe drivers. The workshop will be conducted by David Riches and hosted by Ryde City Council on **Monday 17 September** at the Ryde City Council

Administration Offices in Devlin Street from 6.30pm to 8.30pm.

Early bookings are essential, so phone Council on 9952 8303 now to reserve your place, or email [parentworkshop@optusnet.com.au](mailto:parentworkshop@optusnet.com.au)

### **Dental Services**

Should any students need access to the Dental Health Services Clinic for assessment or treatment; their parents need to call the Northern Sydney Dental Call Centre. It is important that your child has regular dental check-ups from either your private dentist or the local child dental clinic. If you wish to attend a local dental clinic please phone the Call Centre on **1300 789 404**.

You will be required to provide your Medicare number and answer some questions about your child that will enable us to provide them with the most appropriate care.

### **Annual Fireworks Night**

Eastwood Heights Public School in Lincoln Street, Eastwood will be holding its annual Fireworks night on **Saturday 15 September**. It is a great day out for the family with a variety of international food stalls, rides, displays, games, entertainment and novelty sales, and the fireworks display as the finale for the day. Gates will open at 3.00pm with rides commencing at 3.30pm. The formal entertainment begins at 4.00pm with the fireworks held at 7.00pm. The event is expected to end around 8.00pm.

Family tickets	\$20
Primary children	\$5
All others	\$10

Phone inquiries, Kathleen Goris: Ph 0410 117 242

### **Can You Help?**

Would you like to give a bit of your time to brighten up the lives of some people? Gladesville Community Aid's Volunteer Visiting Program is urgently looking for a few volunteers who would be able to help to visit people in their homes and who are isolated and lonely. If you can spare an hour or so a week or a fortnight please call **Magdalene on 9817 0101**.

Training and support will be provided and all information about volunteers and clients are kept private and confidential.

**Your volunteering makes a lot of difference to yourself and to others!**

### **Keeping in Touch-School Partners**

Macquarie University's Experience Program gives students from Partner Schools the opportunity to attend a lecture in an area of interest. This

program is for students in Years 11 and 12. Bookings are essential. Please visit [www.schoolpartners.mq.edu.au](http://www.schoolpartners.mq.edu.au) and click on the University Experience Program link to view the lectures available and download the booking and evaluation forms.

A parent information evening will be held on 19 September and 5 December 2007 where speakers will address the issues of the UAI and how to manage stress in the HSC. Each evening will have a different focus thus participants may wish to attend more than one evening in the series. Please visit [www.futurestudent.mq.edu.au](http://www.futurestudent.mq.edu.au) for more information and to register your attendance. Bookings are essential. Refreshments will be provided at the conclusion of the evening.

Macquarie University is also sponsoring the following competitions for Partner School students

*“Create your vision of the 21<sup>st</sup> Century Library”* for a chance to win an ipod nano and library access for your school. Visit [www.schoolpartners.mq.edu.au](http://www.schoolpartners.mq.edu.au) for entry details. Year 10 students only eligible to enter.

*Film and short story competition* open for all year 10 & 11 students. Visit [www.schoolpartners.mq.edu.au](http://www.schoolpartners.mq.edu.au) for entry details and your chance to win an ipod, work experience at the Media Departments Scope magazine, book vouchers and other great prizes.

### **Eve Vonwiller Youth Art Awards**

Centrehouse Community Arts and Leisure Centre at Lane Cove are again running the Eve Vonwiller Art Awards. These awards are aimed at encouraging and supporting creative young people on the North Shore. Centrehouse is a non-profit organisation and all the prizes are donated by Eckersley's Art Supplies. This year an additional prize of a \$100 Eckersley's voucher for the winner of the teenage category will be added to the prize pack of art materials. Artworks can be submitted in the form of painting, drawing, printmaking, photography or sculpture on the theme:

**“Environmentally Friendly”**

Entries close on 3 September 2007. There is a \$5 entry fee. If you are interested, see the visual arts Head teacher for an entry form.

### **Doodle 4 Google – My Australia**

Google Australia is inviting Australian children to enter a competition to design a home page logo that celebrates the birthday of someone famous or to mark a significant historical anniversary or day such as Australia Day.

They are looking for the doodle that best represents Australia and what it means to be

Australian. The competition is open to students from Years 1 to 10. An expert panel will select finalists from each state and territory and will display the top 32 doodles online and invite the public to vote for their favourites. Finalists will win prizes for themselves and their schools, and the winning design will take pride of place on the Google Australia home page on Australia Day 2008.

All the key dates and resources will be sent to the school for the start of Term 3. See the teachers in the visual arts department for further information or go to:

[www.google.com.au/doode4google](http://www.google.com.au/doode4google).

### **2008 Youth Week**

Students are invited to participate in a website design competition to promote 2008 Youth Week in NSW. The competition provides young designers with the opportunity to win \$500, promote Youth Week and showcase their talent as a designer. The winning website design will be translated into a fully-functional website by a young multimedia developer to promote 2008 Youth Week in NSW. It will become the main channel of communication to promote events and activities run by Local Councils in NSW for Youth Week each year.

Young people have been redesigning and developing the website each year since 2003 to ensure it remains fresh and vibrant. Young people aged 12-25 living in NSW are invited to submit a design for the 2008 website. Designs may be from an individual or a group. **Entries close on Friday 28 September 2007.** For competition details and entry forms see your Visual arts teacher or go to the Resources page of the Youth Week in NSW website [www.youthweek.nsw.gov.au](http://www.youthweek.nsw.gov.au)

### **Mobile Phone Fundraiser**

It is estimated that there are 16 million old mobile phones just lying around in office and home drawers in Australia alone! These phones contain toxins that must not find their way into landfill sites. These phones can be recycled and earn money for our school. Belair Public School, for example, raised over \$2000. Every old mobile phone collected will raise \$5 for the school. Simply bring in your unwanted phone, no matter its age or condition and drop it off in the box in the school office. This not only helps the school but the entire planet and is a great way for children (and parents) to learn about recycling. For further information call Peter on 0410 511695 or go to the website [www.envirofone.com.au](http://www.envirofone.com.au)

## **Eastwood Heights Public School**

are celebrating their

**50<sup>th</sup> Anniversary**

on

**Friday 14 September**

from

**7.00pm**

at

**Lincoln St, Eastwood**

Come and celebrate our 50<sup>th</sup> Anniversary with photo displays and memorabilia. It will be a great opportunity to reminisce with friends and teachers. Tickets cost \$30 per head and include finger food, dessert, tea, coffee and soft drinks. BYO alcohol.

RSVP and payments to Eastwood Heights P & C Association by 7 September

For more details or to register your interest/attendance phone the school on:

**9876 4732** or email

[eastwoodheights50years@gmail.com](mailto:eastwoodheights50years@gmail.com)

### ***Career Change?***

Diode you want to study at university or TAFE but thought it was too late or too hard? Perhaps you feel the need to build up your skills and confidence and/or gain the necessary year 12 equivalent qualifications to help you succeed in further studies. The Tertiary Preparation Certificate (TPC) may be for you!

Interested? Contact Melissa Knudson (TPC Coordinator) at North Sydney College of TAFE for more information

Phone 9942 0743

Email [Melissa.Knudson@tafensw.edu.au](mailto:Melissa.Knudson@tafensw.edu.au)

TPC is a Work Skills Voucher eligible course. An information evening will be conducted on 19 November at 6.00pm at North Sydney College of TAFE, P Block, Room 323 when teaching staff will be available to answer any questions you may have.

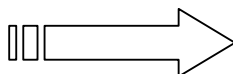
**IT'S NEVER TOO LATE!**

# General & Elective Subject Contributions 2007



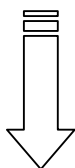
Riverside Girls High School

## General Contributions



Year 7	\$285
Year 8	\$260
Year 9	\$150
Year 10	\$150
Year 11	\$195
Year 12	\$195

## Electives



	Year 9	Year 10	Year 11	Year 12
Ceramics 1U			\$50	\$45
Computing Applications			\$35	\$35
Computing Studies (CSTW) (IST)	\$40	\$40		
Design & Technology	\$40	\$40	\$35	\$30
Drama	\$15	\$15	\$35	\$35
Food Technology	\$70	\$70	\$35	\$35
Hospitality (VET)			\$100	\$100
Hospitality uniform (to be purchased by Wk 6 Term 1 in Year 11)			\$80-\$100	
Information Processing & Technology			\$50	\$50
Information Technology (VET)			\$60	\$60
All Languages	\$30	\$25	\$35	\$35
Languages - HSC Extension courses				\$30
Music (Course 1 or 2)	\$35	\$35	\$55	\$55
Music Extension HSC				\$45
Open High School - each language			\$74 per year	
Photography 1U			\$75	\$80
Software Design & Development			\$50	\$50
Physical Activities & Sport Studies	\$210 or \$52.50/term	\$210 or \$52.50/term		
Technical Drawing (Graphic Techn)	\$35	\$35		
Textiles & Design	\$30	\$30	\$35	\$40
Visual Arts	\$45	\$50	\$60	\$65
Visual Design 1U			\$45	\$45
Wood Technics	\$55	\$30 + materials for major work		

Phone 9816 4264

Fax 9816 5409

[www.riversideghs.nsw.edu.au](http://www.riversideghs.nsw.edu.au)

# Riverside Currents goes online

## On-line School Newsletter



Riverside Girls' High School

“Riverside Currents” our monthly newsletter contains valuable information for all parents and students including:

- Principals Report
- Faculty and Subject reports and news
- Samples of student work
- P&C News
- Careers News
- Dates to Remember

As a result of parental surveys the P&C and school community has uploaded “Riverside Currents” to the school website instead of producing a printed copy for each family. This initiative has many advantages including the positive environmental impact and ensuring parents receive a copy of Currents. Printed copies of “Riverside Currents” will be available, so ask your daughter to collect a copy from the front office if you prefer a printed copy. The printed edition has a photographic supplement.

If you would like the school to inform you each time a new version is uploaded please complete and return this sheet to the front office or visit our website at [www.riversideghs.nsw.edu.au](http://www.riversideghs.nsw.edu.au) and follow the links to register your email address with us.



Please inform me when Currents is uploaded by sending an email to the email address shown below.

I am happy to have this email address added to the P&C data base of email addresses which will enable the P&C to keep me informed of P&C news and events.

Yes  No  (please tick one)

Parent Name \_\_\_\_\_

Student Name and Year \_\_\_\_\_

Email address \_\_\_\_\_

Date \_\_\_\_\_

Parent Signature \_\_\_\_\_

# Riverside Canteen

## Term Three 2007

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### **Sandwiches**

Vegemite	\$1.50
Baked beans	\$2.00
Cheese & tomato	\$2.50
Curried egg	\$2.50
Egg & lettuce	\$2.60
Crispy bacon/avocado	\$3.20
Ham and salad	\$3.40
Cottage cheese/salad	\$3.40
Chicken	\$3.00
Chicken/lettuce mayo	\$3.20
Chicken avocado	\$3.70
Chicken salad	\$3.40
Chicken satay lettuce	\$3.40
Salmon lettuce mayo	\$3.70
Salmon salad	\$3.80
Turkey cranberry	\$4.00
Turkey cheese avocado	\$4.20
Salad	\$3.00
Salad with swiss cheese	\$3.40
Tuna lettuce mayo	\$3.40
Tuna salad	\$3.50
Roast beef salad	\$3.20

Extras add	\$0.50
On rolls or bagels	\$0.50
Toasted add	\$0.40

In addition	
Healthy fillings in wraps	
And Turkish pide or	\$3.50
Make up your own selection	\$3.90

### **Salads**

Fruit salad	\$3.00
Pasta salad	\$2.80
Garden salad	\$2.80
Tuna or chicken salad	\$4.50
Thai beef or chicken	\$4.50
99% fat free yoghurts	Rrp
Fresh sushi lunchbox (wed/thurs)	\$3.00

### **Fresh fruit**

Seasonal fruit from	\$0.60
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### **Hot food**

Hot dog	\$2.50
Light meat pies	\$2.50
Light sausage rolls	\$2.00
Meat lasagne	\$3.50
Penne bolognese	\$3.50
Pizza single	\$2.20
Chicken burger	\$3.50
Beef stir-fry with rice	\$3.50
Chicken & veg. Risotto	\$3.50
Chicken & corn rolls	\$1.80
Roast chicken or beef rolls with gravy	\$3.50
Pizza Rounda	\$2.00

### **Vegetarian selections**

Indian samosas	\$2.20
Veggie burgers	\$3.50
Vegetarian lasagne	\$3.50
Vegetable risotto	\$3.50
Vegetable roll	\$2.50
Spinach and cheese puff	\$2.20
Fresh soup with roll (Winter only)	\$3.50

### **Low fat cakes and slices**

Date and oat slice	\$2.20
Banana bread	\$2.20
Muesli slice	\$2.00
Fruit bun	\$1.20
Low fat muffins	\$2.50

### **Ice creams and ices**

Selection of light ice	
Creams and water ices	Rrp

### **Cold beverages**

Plain milk (300ml)	Rrp
Flavoured Milk	Rrp
Soy drinks	Rrp
Nudie juices	Rrp
Nudie smoothies	Rrp
Orange, apple, pineapple	
Apple & blackcurrant juices	Rrp
Spring water (500ml)	Rrp
Light soft drinks	Rrp

# The Uniform Shop

Profits from the Uniform Shop go to the school

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**Opening Hours** The Uniform Shop is open every week on Thursday before school (8.30 - 9.00am), 2<sup>nd</sup> Recess (11.45 – 12.05) and at lunch time (1.00pm - 2.00pm) in the Uniform Shop located next to the Staff Common Room.

**Contact:** Jenny Evans at the school office Ph: 9816 4264

Junior School Blouse (White)	\$25.00
Junior Blouse (long sleeve)	\$30.00
Junior Skirt Royal Check	\$55.00
V-Neck Wool/blend jumper with logo	\$55.00
V-Neck Wool/blend vest	\$35.00
Trousers navy (2 pocket stretch bootcut)	\$45.00
Trousers navy (non stretch bootcut)	\$45.00
Senior Blouse (blue) (Yrs 11 & 12)	\$25.00
Senior Blouse (long sleeve)	\$30.00
Senior Skirt Navy	\$30.00
Scarf	\$10.00
Beret with school logo	\$25.00

**Payments:** Cash, cheque or credit card are accepted  
Cheques should be made payable to Riverside Girls High School

**Exchanges & returns** Please encourage your daughters to try on samples before purchase.  
Goods will only be exchanged *if they have not been worn*  
If items need to be exchanged, please return them in their original packaging with the docket.

**Please remember to pay at the office before you collect your item/s from the shop.**