

RIVERSIDE CURRENTS

Riverside Girls High School Parent & Community Newsletter

August 2006

Calendar Dates Term 3

August

Tuesday 1	Area Athletics Carnival
Wednesday 2	Peer Support Training ends
Friday 4	Year 11 Exams end
Tuesday 8	Year 10 into 11 Evening, for 2007 7.30pm in School Hall
Wednesday 9	P & C Meeting at 7.30pm in the Staff Common Room
Wednesday 16	SRC Elections
Thursday 17	Year 8 Games Day
Saturday 19	Trivia Night – Band Fundraiser in School Hall
Tuesday 29	Art and Music Soiree 5.00- 9.00pm at Inwood Block
Thursday 31	Year 11 Crossroads, all day

Principals Report

Term 3, 2006 and Year 12

We are now in countdown mode to the HSC. Term 3 is a very busy one for Year 12 students. From weeks 3-6 of this term girls will sit for HSC aural and oral exams in Spanish, French, German, Italian, Chinese, Japanese and Korean. They will also have performance exams in Drama and Music and many of them will be handing in major projects in Design and Technology, Visual Arts, Textiles and Design, English Extension 2, and History Extension. Visual Arts and D. & T. major works are actually due on the same day and several girls do both.

This is why we do the Trial HSC in the last 2 weeks of term 2 so the girls can give these very important exams and major projects their very best attention in Term 3.

The HSC starts earlier this year because term 3 has eleven weeks. The HSC begins on Thursday 19th October. As this is Week 1 of Term 4, it means Year 12 students do not have a whole extra week for StuVac, as in past years, only the first 3 days of week 1.

Year 12 will soon receive their final report for 2006. It will be based on their Trial HSC results and their HSC rank in each subject as at the end of term 2.

Their HSC ranks will not be finalised until Week 6 of Term 3. All courses except Music Course 1 have one more HSC assessment task to complete in term 3 and the level of achievement in the final task could change the interim ranks on the report. Half of the UAI and HSC results are determined by moderated school based assessment.

We will do everything we can to support Year 12 girls in the countdown to the HSC.

Year 10 into 11 Evening Tuesday 8th August 7.30 pm

We hope to see lots of parents and all Year 10 students at the 10 into 11 evening. All Year 10 students have received an information sheet about the evening.

Students will have one week from 8th August to make their Year 11 subject selections. Each year we form the Year 11 lines from the students' choices. This is why the line structure varies from year to year. All students will receive a disk which contains over 100 pages of information about the HSC, the UAI, University entrance in 2009 and TAFE courses for the HSC. The girls must study all this information and ask questions of their teachers in the week following the 8th August. We will give Year 10 students the best possible advice about subject selections and subject combinations.

We have a wide range of student interests and abilities in Year 10. A few students have already accelerated in History, Maths and Italian and are doing Year 11 Preliminary courses as part of their Year 10 program (in addition to the S.C.). We have some students who need learning support. We must ensure that all abilities and interests are catered for in the final two years of schooling.

Congratulations Danielle Ayrton Year 12

Danielle Ayrton has been very successful in recent Australian and international trampolining titles. Danielle has won gold, silver and bronze medals in the 17 years section of individual and synchronised trampolining at the Australian national championships and at the recent

international championships in South Africa. Danielle's gold medal was for the Australian title in individual 17 years trampolining and her silver medal was for the Australian title in 17 years synchronised trampolining. She received gold, silver and bronze for synchronised, double mini and individual trampolining in South Africa.

Danielle has represented her country with distinction and we salute her considerable achievements. At the same time Danielle is doing very well in her HSC studies, making excellent use of the HSC pathways program.

Judith King
Principal

P&C Report

Following the election of Brad Powe as Correspondence Secretary, a new e-mail address has been created for the P&C Association. Parents who want to subscribe to the P&C mailing list should send an e-mail requesting inclusion to:

RiversideGHS@gmail.com

Unfortunately, some hand-written addresses recorded in the P&C Meeting Attendance Book have been misread in recent months, leading to messages being 'bounced' by the relevant mail server. Anyone using a work-based e-mail address should also let us know when they change jobs!

If you thought you were on the list, but haven't been receiving e-mail from the P&C, please send a message direct to the RiversideGHS@gmail.com address.

Remember that free e-mail addresses (e.g. Hotmail and Yahoo) that are not checked regularly will usually be closed down by their mail system after 3 to 6 months of disuse. Similarly, if you aren't deleting or archiving mail your electronic mailbox can fill up – resulting in new messages being rejected.

The next meeting of the P&C will be held on Wednesday 9 August in the School Common Room, starting at 7.30 pm. We will have the Head Teacher – History as our special guest.

The P&C would like to take this opportunity to thank the former Secretary, Karl Evans, for his contribution over the last couple of years.

**P&C Meeting Wednesday 9 August
7.30pm, School Common Room
Guest Presenter: HT History**

Sport

Congratulations to Katie Jameson who graduated from Riverside in 2003. Katie has just become the NSW State Athletics Champion for Under 20 in the 6km Cross Country. When her father informed the school in June, he added that "all those years of competition and support at Riverside instilled a motivation to succeed". This is a wonderful achievement for Katie and a real pleasure for the school to hear such gratifying news about one of our ex students.

Communicating With Teens

The Northern Sydney Central Coast Area Health Services will be conducting courses in a few weeks time, from the 2 August through till 23 August. These courses aim to assist parents to understand the stages of development in teenagers and to maintain effective levels of communication. The courses cost \$125 per person and run for 5 weeks at the following venues:

CHATSWOOD
Monday 21 August - 18 September
(7.00 - 9.30pm)

NORTH RYDE
Wednesday 23 August - 20 September
(7.00 - 9.30pm)

For further information and enrolment contact:
Healthy Lifestyle on 8877 5300 or AH 8877 5304

Young People's Art Award

The Centrehouse Community Art and Leisure Centre, with the support of Lane Cove Council and Eckersley's Art, will be holding the Eve Vonwiller Art Award 2006 this September. Artists aged from 5-17 years can enter the competition for which entries close on 13 September 2006. This year's theme is *Alive in Lane Cove*. The conditions of entry and application forms are available from the Visual Arts Department or by contacting the centre on 9428 4898.



An Invitation to Join 1st Lane Cove Scouts Lloyd Rees Drive, Blackman Park

1st Lane Cove Scouts invite girls and boys between the ages of 11 and 15 to join our **Scout Troop** which meets every Friday during school terms between 7.30pm and 9.30pm.

Camping, abseiling, caving, horseback riding, fishing, rock climbing, diving, skiing, canoeing,

sailing and helping in the local community are a few of the exciting experiences a Scout may achieve in his or her time as a youth member. Scouts challenge their minds as well as their bodies. Not everyone looks for the outdoor buzz all the time, so Scouts have challenging activities involving the internet, amateur radio, and performing arts such as singing, dancing and acting. There are also many awards in the areas of citizenship, community and personal development.

Our Scouts are presently gearing up for Scout Hike 2006. Visit www.sydneynorthscouts.com to see pictures of Scout Hike 2005. Interested? Do you have what it takes? Don't just talk about what you could do – get out and do it with Scouts. Come and have fun with us, we would love to meet you.

For those adventurous girls and boys between 8 and 11 years there is our **Cub Pack** which meets every Wednesday during school terms from 7 till 8.30pm, make some new friends, learn campfire cooking, bushcraft skills and play boisterous games plus lots more.

If you would like more information visit the Scout websites www.scouts.com.au and www.sydneynorthscouts.com and of course our website www.lanecovescouts.com to see what we have been up to.

mail@lanecovescouts.com

Group Leader: Paul McGregor Ph. 9428 4061

Dental Services

Should any students need access to the Dental Health Services Clinic for assessment or treatment, their parents need to call the Northern Sydney Dental Call Centre on **887 75288**.

YOU COULD BE JUST THE KIND OF FAMILY WE'RE LOOKING FOR

Are you open-hearted and interested in meeting new people? Hosting an exchange student really is a great way to expand your family's horizons and make a friend for life. Unlike having a boarder, the student participates as one of the family, including helping with household chores, following house rules, and joining in the fun.

Southern Cross Cultural Exchange currently has over 100 students from countries including Germany, Italy, Scandinavia and Brazil who are waiting to hear about their Australian family. They will arrive in July for a few months and go to High School. We are looking for open hearted families to host these enthusiastic teenagers.

Southern Cross Cultural Exchange is a non-profit organisation with 22 years experience in

exchange programs. Hosting is voluntary and students bring their own spending money as well as being covered for medical and educational expenses

For more information please ring:

Toll Free 1800 500 501

EF Language Travel

For more than 40 years, EF Language Travel has been providing worldwide study tours for young students wishing to improve their English language skills and enjoy a new cultural experience. Thousands of international students have already enjoyed that experience in Australia.

From July, EF Language Travel will bring students between the ages of 9-17 years from Europe and Asia to the Ryde area for the first time, and we are seeking to appoint host families in the Ryde/Meadowbank zone and nearby suburbs. If the idea of having one or more students in your home appeals to you and you would enjoy sharing the cultural exchange for periods of up to four weeks, **and be paid for the pleasure**, please contact EF Language Travel Programme Coordinator.

Host families receive \$150 per week per student and a petrol subsidy of \$30 + \$10 extra per week per household if Host Families drive the students to the course centre situated at Meadowbank TAFE.

For more details please call the Local Programme Coordinator, Colin Dennis on 0410 183 757 or EF Language Travel on 9247 6386.

Have a go and show them what Aussie life is all about!

Expression Sessions

Ryde Bulls Basketball Association is currently undertaking a "Youth after School" initiative with Ryde Council, NSW Basketball and the Department of Sport and Recreation. This initiative is also aimed at combating the decline in physical activity and fitness levels of children in the Ryde area and encouraging them to participate in after-school activities. The main focus of the Youth after School Program is on Wednesday through the "Expressions Sessions". This program has music and allows the students to just turn up and play "Pick Up" basketball. There are 3 on 3 competitions, 3 Point Shootouts with occasional visits from the NBL Sydney Kings players and prizes every week. It is aimed at those high school students who just want to get out with their friends and be active. The program has been a runaway success in America where children have attended local courts and just go active through basketball. If you are tired playing

basketball without the fun or just want to get out on the court and play, then the "Expression Session" is for you.

WHO: Boys and Girls 14-18 years
WHERE: Ryde Aquatic Leisure Centre
WHEN: Wednesday Afternoons
4.30-6.30pm
COST: \$10 per session

For further information phone 9686 9908

Ginger Kitten wanted

If any family cat has kittens could you alert Ms King at Riverside Girls High School on 9816 4264 if you have a male ginger kitten that needs a good home.

25 Anniversary Celebrations

North Ryde Community Preschool will be holding its 25 Anniversary Celebration on:

Friday 1 September, 2006
7.00 pm - 9.00 pm
at
13 Clermont Avenue, Ryde.

RSVP: Juliana Swan

If you have any photos or other memorabilia relating to your experiences at the Preschool, they would love you to share it with them on this occasion. Delivery to the school would be appreciated or please contact Judy Nicol on 9808 3015 to arrange pick up

Fireworks Night, Food & Fun

Eastwood Heights Public School will be holding their annual Fireworks night on:

Saturday 16 September 2006
From 3.00 pm
at
Lincoln Street, Eastwood

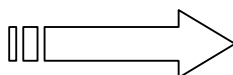
The school is off Balaclava Road west of Curzon Hall. The gates open at 3.00pm and the fireworks display commences at 7.00pm. Children under 15 years enjoy free admission and there is a charge of \$5.00 for those over 15 years. It will be a great day out for all the families in the community, with a variety of international food stalls, rides, displays, games, entertainment and novelty sales, with the fireworks as the finale for the day. The formal entertainment will start at 4.00pm and the evening is expected to close after the fireworks around 8.30pm. For further inquiries, please contact Kathleen Goris on 0410 117 242

General & Elective Subject Contributions 2006



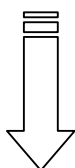
Riverside Girls High School

General Contributions



Year 7	\$280
Year 8	\$260
Year 9	\$150
Year 10	\$150
Year 11	\$195
Year 12	\$195

Electives



	Year 9	Year 10	Year 11	Year 12
Ceramics 1U			\$45	\$45
Computing Applications			\$35	\$35
Computing Studies (CSTW) (IST)	\$40	\$40		
Design & Technology	\$40	\$40	\$35	\$30
Drama	\$15	\$15	\$35	\$35
Food Technology	\$70	\$70	\$35	\$35
Hospitality (VET)			\$95	\$100
Hospitality uniform (to be purchased by Wk 6 Term 1 in Year 11)			\$80-\$100	
Information Processing & Technology			\$50	\$50
Information Technology (VET)			\$60	\$60
All Languages	\$30	\$25	\$35	\$35
Languages - HSC Extension courses				\$30
Music (Course 1 or 2)	\$35	\$35	\$55	\$55
Music Extension HSC				\$45
Open High School - each language			\$74 per year	
Photography 1U			\$75	\$75
Software Design & Development			\$50	\$50
Physical Activities & Sport Studies	\$210 or \$52.50/term	\$210 or \$52.50/term		
Technical Drawing (Graphic Techn)	\$35	\$35		
Textiles & Design	\$30	\$30	\$35	\$40
Visual Arts	\$45	\$45	\$55	\$65
Visual Design 1U			\$45	\$45
Wood Technics	\$55	\$30 + materials for major work		

Phone 9816 4264

Fax 9816 5409

www.riversideghs.nsw.edu.au

Riverside Currents goes online

On-line School Newsletter



Riverside Girls' High School

“Riverside Currents” our monthly newsletter contains valuable information for all parents and students including:

- Principals Report
- Faculty and Subject reports and news
- Samples of student work
- P&C News
- Careers News
- Dates to Remember

As a result of parental surveys the P&C and school community has decided to upload “Riverside Currents” to the school website instead of producing a printed copy for each family. This initiative has many advantages including the positive environmental impact and ensuring parents receive a copy of Currents. Printed copies of “Riverside Currents” will be available, so ask your daughter to collect a copy from the front office if you prefer a printed copy.

If you would like the school to inform you each time a new version is uploaded please complete and return this sheet to the front office or visit our website at www.riversideghs.nsw.edu.au and follow the links to register your email address with us.



Please inform me when Currents is uploaded by sending an email to the email address shown below.

I am happy to have this email address added to the P&C data base of email addresses which will enable the P&C to keep me informed of P&C news and events.

Yes No (please tick one)

Parent Name _____

Student Name and Year _____

Email address _____

Date _____

Parent Signature _____

Riverside Canteen

Term Three 2006

Sandwiches

Vegemite	\$1.50
Baked beans	\$2.00
Cheese & tomato	\$2.50
Curried egg	\$2.50
Egg & lettuce	\$2.60
Crispy bacon/avocado	\$3.20
Ham and salad	\$3.40
Cottage cheese/salad	\$3.40
Chicken	\$3.00
Chicken/lettuce mayo	\$3.20
Chicken avocado	\$3.70
Chicken salad	\$3.40
Chicken satay lettuce	\$3.40
Salmon lettuce mayo	\$3.70
Salmon salad	\$3.80
Turkey cranberry	\$4.00
Turkey cheese avocado	\$4.20
Salad	\$3.00
Salad with swiss cheese	\$3.40
Tuna lettuce mayo	\$3.40
Tuna salad	\$3.50
Roast beef salad	\$3.20

Extras add	\$0.50
On rolls or bagels	\$0.50
Toasted add	\$0.40

In addition	
Healthy fillings in wraps	
And Turkish pide	\$3.50

Salads

Fruit salad	\$3.00
Pasta salad	\$2.80
Garden salad	\$2.80
Three bean salad	\$3.00
Tuna or chicken salad	\$4.50
Thai beef or chicken	\$4.50
99% fat free yoghurts	Rrp
Fresh sushi lunchbox (wed/thurs)	\$3.00

Fresh fruit

Seasonal fruit from	\$0.60
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Hot food

Hot dog	\$2.50
Light meat pies	\$2.50
Light sausage rolls	\$2.00
Meat lasagne	\$3.50
Penne bolognaise	\$3.50
Pizza single	\$2.20
Chicken burger	\$3.50
Beef stir-fry with rice	\$3.50
Chicken & veg. Risotto	\$3.50
Chicken & corn rolls	\$1.70
Roast chicken or beef rolls with gravy	\$3.50

Vegetarian selections

Indian samosas	\$2.20
Veggie burgers	\$3.50
Vegetarian lasagne	\$3.50
Vegetable risotto	\$3.50
Vegetable roll	\$2.50
Spinach and cheese puff	\$2.20
Fresh soup with roll	\$3.50

Low fat cakes and slices

Date and oat slice	\$2.20
Banana bread	\$2.20
Muesli slice	\$2.00
Fruit bun	\$1.20
Low fat muffins	\$2.50

Ice creams and ices

Selection of light ice	
Creams and water ices	Rrp

Cold beverages

Plain milk (300ml)	Rrp
Flavoured	Rrp
Soy drinks	Rrp
Nudie juices	Rrp
Nudie smoothies	Rrp
Orange,apple,pineapple	
Apple & blackcurrant juices	Rrp
Sparkling apple can	Rrp
Spring water (500ml)	Rrp
Light soft drinks	Rrp

The Uniform Shop

Profits from the Uniform Shop go to the school



Opening Hours The Uniform Shop is open every week on Thursday before school (8.30 - 9.00am), 2nd Recess (11.45 – 12.05) and at lunch time (1.00pm - 2.00pm) in the Uniform Shop located next to the Staff Common Room.

Contact: Jenny Evans at the school office Ph: 9816 4264

Junior School Blouse (White)	\$30.00
Junior Blouse (long sleeve)	\$30.00
Junior Skirt Royal Check	\$50.00
V-Neck Wool/blend jumper with logo	\$55.00
V-Neck Wool/blend vest	\$35.00
Trousers navy (2 pocket stretch bootcut)	\$45.00
Trousers navy (non stretch bootcut)	\$45.00
Senior Blouse (blue) (Yrs 11 & 12)	\$30.00
Senior Blouse (long sleeve)	\$30.00
Senior Skirt Navy	\$35.00
Scarf	\$10.00
Beret with school logo	\$25.00

Payments: Cash, cheque or credit card are accepted
Cheques should be made payable to Riverside Girls High School

Payment Procedures: Girls are now required to pay at the student services counter for their uniform. They take their receipt to the uniform shop to collect their items. If they are unsure of what items they will buy until they have tried them on, they will have to go to the uniform shop first, pay at the office, and then go back to the shop to collect their items.

PAYMENTS CAN BE MADE AT THE OFFICE ON ANY DAY, HOWEVER ITEMS CAN ONLY BE COLLECTED FROM THE SHOP ON THURSDAYS WHEN IT IS OPEN (Credit card payments should be made before 9.00am on Thursdays).

Please give me some feedback on this new procedure!

Exchanges & returns Please encourage your daughters to try on samples before purchase.
Goods will only be exchanged *if they have not been worn.*
If items need to be exchanged, please return them in their original packaging with the docket.

The Uniform Shop News

- Special price \$25.00 for a school beret and a scarf! SAVE \$10.00 while stocks last

RIVERSIDE MUSIC TRIVIA NIGHT



Saturday, August 19, 2006

\$15 ADULTS
\$10 STUDENTS

7pm for 7.30pm prompt start
BYO nibbles & drinks
Coffee & cake available

ORGANISE A TABLE!!



Ring for tickets on:
0417 778 157

or

Please send cash or cheque

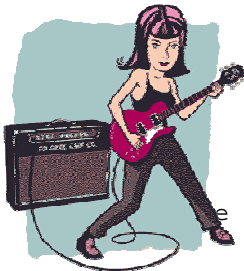
- in a sealed envelope -

To the School Office by August 14th

Cheques must be made payable to

'RGHS P&C Concert Band'

A return address and a receipt will be mailed



Prizes

Riverside Girls High School
Huntleys Point Road, Huntleys Point

Raffles