

RIVERSIDE CURRENTS

Riverside Girls High School Parent & Community Newsletter April/May 2009

Calendar Dates

Term 2

May

- Saturday 9 Riverside Market Day
- Tuesday 12 - NAPLAN testing for all Years 7 and 9
- Wednesday 13 - NAPLAN testing
- Year 11 to "U Turn the Wheel"
- P & C Meeting, 7.30pm
- Thursday 14 NAPLAN testing
- Friday 15 Zone Cross Country
- Tuesday 26 National Public Education Day Assembly
- Wednesday 27 School Athletics Carnival, all students should attend

June

- Monday 1 - Year 7 & 10 inoculations
- Alice in Wonderland rehearsals
- Tuesday 2 - Year 7 & 10 inoculations
- Alice in Wonderland rehearsals
- Wednesday 3 Alice in Wonderland rehearsals
- Thursday 4 School Musical Production of "Alice in Wonderland", 6.30pm
Staff Vs Students Soccer Match
- Friday 5 School Musical Production of "Alice in Wonderland, 6.30pm
- Monday 8 Queen's Birthday holiday
- Wednesday 10 - Science Competition
- P & C Meeting, 6.30pm
- Thursday 11 Area Cross Country Carnival
- Saturday 13 Riverside Market Day
- Wednesday 17 Zone Athletics Carnival
Year 10 & 11 Parent Teacher Evening 4.00-7.30pm

- Tuesday 23 Spelling & Writing Competition
- Thursday 25 Year 12 Stuvac
- Friday 26 - B.A.T.H. Day, Years 7-11 (all students)
- Year 12 Stuvac
- Monday 29 Trial HSC Exams commence and continue till Friday 10 July

Principal's Report

1. Swine Flu

We now all live in a truly global society. Because several of our students are overseas with their families at various times throughout the year it is essential that all families are well aware of the swine flu warnings. It is also common practice for students to be part of a family group welcoming relatives from overseas at the airport. To seek medical assistance for any member of the family who may exhibit the flu symptoms go to:

Australian Government
Department of Health and Ageing

**SWINE INFLUENZA
HEALTH HOTLINE
180 2007**

or visit www.healthemergency.gov.au

Official reports by the world Health Organisation, that a new strain of Swine Influenza is spreading around the world has prompted Australian Health authorities to alert the public to the potential threat of an outbreak in Australia. For more information, particularly if you have recently travelled to the Americas, phone the Commonwealth Swine Influenza Hotline.

We urge you to refer to the notice from the Australian government which has contact details if you have any questions or need assistance regarding flu symptoms`.

2. Year 11 Term 1 Reports

All Year11 have received their term 1 interim report and parents should ask their daughters for the report if they haven't yet seen the report. The reports were issued on Wednesday 29 April. We did post a few reports where follow-up interviews with parents are essential. Most Year 11 students

are well on track in their senior courses and are working at the standard needed to succeed in the HSC courses but a few are struggling for a variety of reasons. We need to work with the families and the girls to support them throughout the challenges of senior school.

3. Alice In Wonderland

We hope to see lots of students and their families at the 2 evening performances on Thursday 4th and Friday 5th June at 6.30pm at the school. Tickets will be:

- Children/Concession \$5
- Adults \$10

The drama teachers, Ms Cockburn and Ms Lidman have been working hard with the girls to stage the production. Last year *The Midsummer Night's Dream* performances were enjoyed by lots of families.

4. New Head Teacher English, Drama and ESL

Ms Patricia Barker has been appointed as our new H.T. English, Drama and ESL. She will take up her position on the 11th May. Ms Barker is currently H.T. Admin at Beverly Hills Girls High School and a very experienced English teacher. We look forward to Ms Barker's appointment, confident that she will respond to the significant challenges in the English and Drama curriculum leadership role.

5. Trial H.S.C.

Year 12 will sit for their Trial HSC exams in weeks 10 and 11 of this term. The exams begin on Monday 29 June and will be completed by Friday 10 July. Year 12 will have 2 days of study leave before the Trial HSC on Thursday 25 June and Friday 26 June. The Trial Exams are also assessment tasks contributing to the final school-based HSC assessment.

All Year 12 students need to make some very important decisions in the next 20 weeks and start thinking about their options beyond school, e.g.

- Do I really need a UAI?
- Should I drop any units of study before the HSC?
- Will I go to TAFE in 2010 and go to university later, through the University/TAFE pathway (without a UAI?)
- What university courses will I apply for in term 3 when I need to complete my UAC form?
- Will I apply for TAFE as well as university for 2010?
- Am I eligible for the ACCESS scheme for university entrance? If so, what sort of documentation will I submit?

We can discuss all these important questions with Year 12 students throughout Terms 2 and 3.

Judy King – Principal

High Resolves

On Monday and Tuesday of Week 7, Class 9T participated in a two day leadership training course called High Resolves along with the girls from Woolwich Marist Sisters. As part of the



Duncan Davison directs a leadership workshop with 9T

program, the students did numerous activities which looked at a range of leadership strategies including conflict resolution, collective action, leadership, teamwork skills, global citizenship, and negotiation. These activities were led by John Bush from the not-for-profit organization High resolves Initiative. (we will be using these skills as leaders for Year 8 students later in the year.)

Shilpa Kala 8T

Visit to the Archibald Prize Exhibition

On the last day of term 1, Year 10 Visual Arts visited the exhibitions of the Archibald, Sulman and Wynn Prizes at the Art Gallery of NSW. A bonus to the excursion was the viewing of the 2008 HSC artworks in the ARTEXPRESS exhibition in the basement of the gallery. It was an innovative and exciting way to conclude term 1.



Year 10 Visual Arts had far more space to breath at ARTEXPRESS than the crowded exhibition of the Archibald Prize at the AGNSW.

There were many interesting artworks that displayed originality and inventiveness and had a motivating effect upon the art students. The group also enjoyed seeing some of Riverside's own senior student's artworks exhibited in ARTEXPRESS. Of the two exhibitions, our group preferred the works in ARTEXPRESS as they were more relevant and dealt with issues concerning young people like ourselves.

The artworks in the Archibald most favoured by the group included "Ars Longa, Vita Brevis" by Michael Zavros, "Geoffrey Currmal Yunnupingu" by Guy Maestri and the highly commended artwork by Vincent Fantauzzo, "Brandon". The excursion overall was very valuable and significant to the topic we were learning and the class found the artworks fascinating and absolutely awe-inspiring.

Daphne Klianis

Riverside Instrument Ensemble

The Riverside Instrument Ensemble is growing more and more each year, and we're looking for talented students to join the ensembles, or even just to take up private music lessons for their own enjoyment.

Instrument	Teacher	Phone/Email
Flute & Piano	Clarina Wang	0404807378 clawing@hotmail.com
Brass	Stephen Morley	0439889344 stephenmorley@primus.com.au
Saxophone & Clarinet	Stuart Vanderraff	0404834554
Saxophone, Clarinet, Vocal	Nicholas Jeffries	0413478578 nic.jeffries@me.com
Guitar & Bass	Marc Llewellyn	0413359215 mrmarc2@gmail.com
Drums & Percussion	Cameron Reid	0413830866 camreid@bigpond.net.au
Strings	Andras Racz	0425394133 Andras.racz@hotmail.com

If you are interested in joining one of the school ensembles, please contact the band director, Nic Jeffries via email : rghsbands@seriousars.com.au and tell him about your music experience (if any) and what you currently play in the band.

If you are not interested in the band but would you like to take up learning woodwind, brass, strings, piano, percussion or vocals, please feel free to contact one of the following tutors directly to arrange weekly private lessons. Tutors are at the school at different days of the week and lessons occur by withdrawal from class. Have fun!



Razzle Dazzle Photo Competition

As part of Youth Week 2009, the City of Ryde is running a photographic competition. It is open to all **young people** who **live, work or study** in the Ryde Local Government Area and are aged between **15 and 21 years**.

First Prize is a \$500 photographic store gift voucher

Second Prize is a Video iPod and a \$150 voucher

Third Prize is a Video iPod

What is it about Ryde that is SO INTERESTING? What captures your imagination? What makes it a special place? Is it a special view? Or cycling along the foreshore at dawn? Or Frisbee at ELS Hall? Is it aboriginal heritage, natural heritage or architectural heritage? **What do you think?**

Entries are to be **submitted online** via the Council Website or through the 5 library locations. Online entries can be no greater than **7mb** and can be submitted in **jpg and pdf format** only.

Entrants must ensure that **contact details, age and address** are included along with the name of the institution or place of employment. **Finalist entries** will be part of a **promotional brochure** for the City of Ryde.

Entries close on May 17 2009 at 5.00pm
www.ryde.nsw.gov.au/youth.htm

Dental Services

Should any students need access to the Dental Health Services Clinic for assessment or treatment; their parents need to call the Northern Sydney Dental Call Centre. It is important that your child has regular dental check-ups from either your private dentist or the local child dental clinic. If you wish to attend a local dental clinic please phone the Call Centre on **1300 789 404**.

You will be required to provide your Medicare number and answer some questions about your child that will enable them to provide your child with the most appropriate care.

Mobile Phone Fundraiser

It is estimated that there are 16 million old mobile phones just lying around in office and home drawers in Australia alone! These phones contain toxins that must not find their way into landfill sites. These phones can be recycled and earn money for our school. Belair Public School, for example, raised over \$2000. Every old mobile phone collected will raise \$5 for the school. Simply bring in your unwanted phone, no matter its age or condition and drop it off in the box in the school office. This not only helps the school but the entire planet and is a great way for children (and parents) to learn about recycling. For further information call Peter on 0410 511695 or go to the website www.envirofone.com.au

Red Shield Appeal

The Salvation Army has a unique position in Australian life and culture. Services are provided without prejudice to all sectors of the community. To maintain these services funds are needed and one of the main fund raising events is the annual Red Shield Appeal. A doorknock will take place over the weekend of

SATURDAY 23 & SUNDAY 24 MAY 2009

Through their participation in the Appeal, we believe that our students can gain, amongst other things, a sense of identification with the community of which their school is a part, an enhanced understanding of those people who do it tough, and an opportunity to be part of a thoroughly organised and executed operation which helps to identify and train emerging leaders.

The Salvation Army takes seriously its responsibilities under the Child Protection Legislation and will have in place appropriate procedures to ensure the safety of children who volunteer to help us.

Hunters Hill Art & Craft Exhibition

Hunters Hill Council will be hosting the 55th Annual Art and Craft Exhibition from the evening of Friday 15 May 2009 at 7.00pm. The Opening Night is by invitation only and the exhibition is open to the public the following week.

Venturing Out

1st Ermington Scouts Group is organising a Venturing Out event on 5 July 2009. It is for youth aged 12-18 years of age. If you think of a scout theme park with lots of awesome activities like a climbing wall or flying fox....that's what Venturing Out is!

For more information go to:

<http://www.ermingtonscouts.asn.au/venturers.html>

Ryde Environmental Education Network

REEN is proud to promote the following competitions to its members.

The combined Concert Band and String Ensemble perform at the ANZAC Day Assembly

Urban Nature Photography Competition

Coordinated by the Parramatta River Catchment Group whose aim is to improve the health of the Parramatta River Catchment. Nearly \$3,000 worth of prizes can be won including \$350 cash for each category winner, \$200 cash for first runners-up, \$100 cash for second runners-up and many other prizes. All you need to do is send your photo of "urban nature" that deals with a special place in the Parramatta River catchment. It could be your backyard or the bush showing how important your local environment and its native plants and animals are to you.

Award Categories are

- Open section (over 18 years)
- Young People's section (under 18 years)

Entries close on Monday 18 May 2009

All competition entrants are invited to attend a special awards ceremony and exhibition on Friday 5 June at Sydney Olympic Park. The winners of the competition will be announced as well as the People's Choice Award, plus there will be an opportunity to meet our official judges. A selection of the best entries will then form an exhibition touring the Parramatta River catchment.

For details on how to enter go to

www.parramattariver.org.au

or call (02) 9895 6253

City of Ryde World Environment Day Waste to Art Competition

For world Environment Day 2009, REEN is inviting schools to participate in our Waste to Art Competition. We want students across Ryde to demonstrate "Resource Recovery" through using waste products and materials in the creation of art. By using packaging waste from your home or industrial waste from places like "Reverse Garbage" in Marrickville to produce a work of art, you can be in the running for some great prizes. This year's theme for entries is

"The Environmental Super Hero"

And should show how they are helping humans care for nature and our local built environment. The challenge is to create something interesting, beautiful or useful from something that would normally be recycled or sent to landfill.

Competition guidelines are:

- Recyclable material other than organic waste
- Size limit of 60cm x 60cm x 60cm

- Open to all Primary & Secondary Schools in the Ryde Council area
- One entry per student

1st prize is a Macquarie Centre Voucher worth \$200 and a class trip to see Chullora Materials Recovery Facilities. The four Runners' Up prizes will be chosen to receive a Macquarie Centre Voucher worth \$50 each.

Entries must be submitted to Council by 5.00pm on the Friday 29 May 2009

For more information about Ryde Environmental Education Network and the programs on offer contact Council's REEN coordinators and help your school achieve a more sustainable future.

The Uniform Shop

Profits from the Uniform Shop go to the school

Opening Hours The Uniform Shop is open every week on Thursday before school (8.30 - 9.00am) 2nd Recess (11.45 – 12.05pm) and at lunch time (1.00pm - 2.00pm). The Uniform Shop is located next to the Staff Common Room.

Contact: Lesley Campbell at the school office Ph: 9816 4264

Junior School Blouse (White)	\$28.00
Junior Blouse (long sleeve)	\$30.00
Junior Skirt Royal Check	\$55.00
V-Neck Woolblend jumper with logo	\$55.00
V-Neck Woolblend vest	\$35.00
Polar fleece jacket with logo	\$35.00
Trousers navy (2 pocket stretch bootcut)	\$45.00
Trousers navy (non stretch bootcut)	\$45.00
Senior Blouse (blue)	\$28.00
Senior Blouse (long sleeve)	\$30.00
Senior Skirt Navy	\$30.00
Scarf	\$10.00
Beret with school logo	\$25.00

Payments: Cash, cheque or credit card are accepted
Cheques should be made payable to Riverside Girls High School

Exchanges & returns: Please encourage your daughters to try on samples before purchase.
Goods will only be exchanged *if they have not been worn*.
If items need to be exchanged, please return them in their original packaging with the docket.

RIVERSIDE GIRLS HIGH SCHOOL CANTEEN MENU 2009

Food Coding
G- Green fill the menu
A- Amber select carefully
R- Red only occasionally

BREAKFAST

Toast – jam or honey (A)	1.90
Raisin toast (A)	2.20
Cereal & milk (G)	2.20
Rice pudding (G)	2.50
Low fat yoghurt (G)	2.00
Fresh fruit salad & yoghurt (G)	2.50
Bacon & egg roll (A)	3.50
Smoothies – fresh strawberry or banana (G)	3.00

JAFFLES

Cheese (G)	2.50
Cheese & tomato (G)	2.70
Tomato (G)	2.30

SNACKS 'N' THINGS

Garlic or Herb bread (A)	1.50
Honey soya Wingettes (A)	2.50
Jelly & custard (A)	2.00
Fresh seasonal fruit (G)	0.80+
Fresh fruit salad (G)	2.50
Low fat ice-cream & ice-blocks	0.80+
Low fat muffins (A)	3.00
Low fat banana bread (A)	2.80

SUSHI

Tuna (G)	2.90
Chicken Teriyaki (G)	2.90
Vegetarian (G)	2.90
Crab, avocado & cucumber sushi (G)	2.90

SALAD BOXES

Garden salad (G)	3.50
Roast chicken salad (G)	4.00
Tuna salad (G)	4.00
Tuna pasta salad (G)	4.00
Chicken avocado pasta salad (G)	4.50
Caesar salad (G)	4.00
Tabouli salad (G)	3.50
Potato salad (A)	3.50
Greek salad (A)	4.00

SANDWICHES (G)

(white/wholemeal/multigrain)

Vegemite (G)	1.90
Egg & lettuce (G)	2.40
Curried egg (G)	2.20
Turkey cheese & cranberry (G)	3.00
Tasty cheese & salad (G)	3.00
Tasty cheese (G)	2.20
Tasty cheese & tomato (G)	2.50
Lean roast chicken (G)	2.60
Lean roast chicken, lettuce & mayo (G)	3.00
Tuna or Salmon (G)	2.60
Tuna & salad (G)	3.50
Chicken & salad (G)	3.50
Salad (G)	2.90
Lean lite ham, tomato & cheese (G)	3.00

EXTRAS

Mayonnaise (A)	0.20
Rolls (G)	0.60
Wraps (G)	0.60
Turkish bread (G)	1.00

HOT FOODS

Home-made soup (G)	3.00
Soup cups (A)	2.50
Low-fat cheesy hotdog (A)	3.00
Chicken corn roll (A)	2.00
Low fat beef pie (A)	3.00
Low fat shepherds pie (A)	3.40
Sausage roll (A)	2.70
Vegetable pastie (A)	2.80
Low fat steak pie (A)	3.40
Spinach & ricotta roll (A)	2.80
Home-made pizza: chicken or vegetarian (A)	3.50
Chicken snitzel roll with lettuce & mayo (A)	4.20
Gourmet beef burger (A)	4.00
Lean chicken burger (A)	3.80
Hot potato with cheese & salsa (A)	3.50
Lasagna or Vegetarian Lasagna (G)	4.00
Fried Rice (A)	3.00
Satay chicken & rice (A)	4.00
Curried chicken & rice (A)	4.00
Creamy chicken fettuccine (A)	4.00

TURKISH BREADS

Vegetarian – eggplant, sundried tomatoes, capsicum & cheese (A)	4.80
Chicken – avocado, chicken, sundried tomatoes & cheese (A)	4.80
Mediterranean – pesto, olives, capsicum & fetta cheese (A)	4.80
Turkey – roast turkey, cranberry sauce & swiss cheese (A)	4.60
Chicken snitzel – chicken snitzel, roast capsicums, pesto & cheese (A)	5.00

DRINKS

Plain milk 300mL (G)	1.10
600mL	1.50
Flavoured milk 300mL (G)	2.00
600mL	3.00
Soft drink cans (A)	1.50
Flavoured mineral water (A)	2.50
Spring water (G)	1.80
Powerade sports water (A)	3.00
Milkshakes: chocolate, strawberry, caramel (A)	2.90
Slushies: 100% juice (A)	1.90
100% popper (G)	1.50

HOT DRINKS

Coffee (A)	2.50
Tea (A)	2.00
Hot chocolate (G)	2.00